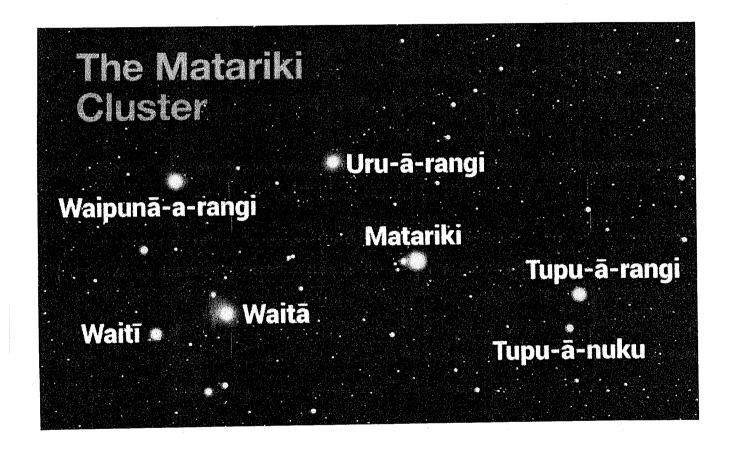
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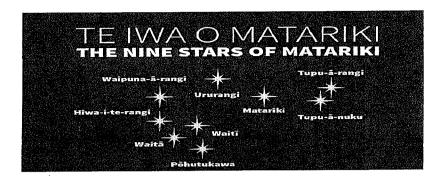
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www.eurekaexpress.co.nz editor@eurekaexpress.co.nz



First Matariki
Public Holiday
24th June 2022

THE STORY OF MATARIKI



What is Matariki?

Traditionally, Matariki is the period of time in Te Ao Māori to mark the changing of the year. It is a time to reflect upon the previous year and plan for the next. The common Māori translation of Matariki is "eyes of the god".

According to myth, when Ranginui, the sky father, and Papatūānuku, the earth mother, were separated by their children, the god of the winds, Tāwhirimātea, became so angry that he tore out his eyes and threw them into the heavens.

However, the name Matariki is not only used to describe the entire cluster of stars, but a specific single star within the group. The total number of stars in the cluster varies too. Some Māori talk of Matariki and her six children, and others talk of eight children. Regardless, each star is connected to Te Ao Māori in its own special way.

The cycle of life and death

Traditionally, Matariki was a time to acknowledge the dead and to release their spirits to become stars. It was also a time to reflect, to be thankful to the gods for the harvest, to feast and to share the bounty of the harvest with family and friends.

Matariki Matariki is the star connected to well- being, and at times viewed as an omen of good fortune and health	Pohutukawa Pohutukawa is connected to the dead.	Tupuanuku Tupuanuku is connected to food grown in the ground.	Waiti Waiti is connected to fresh water and all the creatures that live in rivers, streams and lakes.
Waita Waita is the star connected to the many kinds of food Māori gather from the sea.	Waipunarangi Waipunarangi is connected to rain.	Ururangi Ururangi means "winds of the sky". This star determines the nature of the winds for the year.	Hiwa-i-te-rangi Hiwa-i-te-rangi. It is to the star Hiwa, that Māori would send their dreams and desires for the year in the hope that they would be realised.

EDITORIAL

We have lived in Eureka for about 20 years, buying our home on Tauwhare Road when we became engaged. Back then, we got a bargain! We've seen house prices in the area rising steadily over the years.

My husband Chris is the Dispensing Optician partner in the Morrinsville optometry practice, and our son Alex goes to Hillcrest High School. School, both in person and online, has certainly been challenging for both families and teachers during these pandemic years.

I'm Hayley and the administrator for The Association of Dispensing Opticians of NZ. I was lucky to be able to work from home and be flexible with working hours when our son was born, and it's continued to be a great way to work.

The final member of our family is our Siberian Husky. Like many others throughout the world, we got a dog just after the first lockdown. He has been instrumental in introducing us to neighbours we might never have met!

We are lucky to be part of an interesting industry that is a unique mix of health care and fashion. Your eyes are probably something that you take for granted, and it's not until something goes wrong or your arms aren't long enough any more that you go to see the optometrist.

July is UV Safety Awareness Month in the northern hemisphere summer. Although it's an American observance, it definitely applies here as well. As I'm typing this, it's pretty drizzly and grey outside and the chances of any sort of UV coming through is low, but I definitely won't complain about the rain.

The sun's harmful UV rays don't just <u>damage skin</u>; they can also damage your eyes. If your eyes are overexposed to UV radiation, the protective layer on the front surface of the eye may be damaged, at least temporarily.

Short-term over-exposure to UV rays can cause photokeratitis or "snow blindness". This is sunburn of the cornea, a temporary but often painful condition. This risk increases when UV is reflected from below, by water, sand, or snow, because UV rays bypass the protection that caps or hats provide – a very good reason to always wear UV protective sunglasses in bright conditions.

Finally, I encourage you to think about supporting a really worthwhile cause; guide dogs make a huge difference in people's lives.

Blind Low Vision NZ (was the Blind Foundation) provide guide dogs to New Zealanders who are blind or have low vision. They would welcome any donations:

https://blindfoundation.secure.force.com/GuideDogsDonate/

Hayley



SNIPPETS - WHAT'S HAPPENING IN THE COMMUNITY

WELCOME TO Nikki Edwards who has moved to Hunter Road and Works at Federated Farmers Nikki is a keen triathlete and has been doing the Iron Man contest for 11 years. Welcome to the area Nikki.

INTRODUCING James who has recently started his own electrical business, **JP Electrics Limited** Operating out of Hooper Road, James covers the Waikato area, doing residential, small commercial, heat pumps and maintenance.

Please don't hesitate to contact him for any electrical needs. Ph. 027 756 8804 Email. james@jpelectrics.nz

EUREKA EXPRESS – Advertising Rates 2022

Classified Adverts	Free	CON
Small Business adverts - x 10 insertions	\$10/month \$80/year	Gleny
One third page adverts - x 10 insertions	\$15/month \$120/year	Ph. 0'email
One half page adverts - x 10 insertions	\$20/month \$160/year	OR editor

CONTACTS
Glenys Middlemiss (Treasurer)
Ph. 07 824 1647
email: tres.eurekaexpress@gmail.com
OR
editor@eurekaexpress.co.nz

WEATHER

Weather for May 2022		
Rainfall total	141.5 mm	
Rain Total for year	386 mm	
Rainy days	11	
Most daily rainfall	28 mm	30 th May
Highest wind speed	45 km/hr	20 th May
Temp high	21.3 C	2 nd May
Temp low	-0.9 C	28 th May





JUNIOR NEWS

Junior Badminton is underway at Matangi Hall every Wednesday 6pm to 7:30pm

New players welcome. Racquets available From about 8 years upwards. Come along and give it a try For further information please phone Bryce on 07 824 0699





NEWS FROM YOUR WAIKATO DISTRICT COUNCILLOR - 25th JUNE 2022

After four decades serving as a Councillor, and a total of 51 years of McGuire family involvement in local government, I have made the difficult decision to not seek re-election at this year's local government elections.

For 12 years, until 1983, my late father David was Councillor for the Ruakura Riding of Waikato County Council.

In October 1983 I was elected unopposed to replace him as the Riding member. It was an honour to be chosen to serve the residents of Ruakura Riding and then, after local government amalgamation in 1989, the Eureka Ward and the greater Waikato District.

After the 2019 election I decided that I would not stand for re-election in 2022 but actually saying that out loud is very difficult. It has been a privilege to be a Councillor and work as part of a Council team. I will greatly miss the connections I have with my dedicated colleagues and Waikato's diverse communities — I have crossed paths with many amazing people and organisations but now it is time to step back and consider my family who have "held the fort" for me since 1983. I think 51 years community service is a reasonable commitment by one family.

So much has changed in 39 years and I will share my reflections on these years in my last newsletter in September 2022.

Eureka Ward will cease to exist on 8th October when two Councillors will be elected to represent their communities in the Tamahere/Woodlands Ward.

Please give consideration to either standing for election yourself or encouraging someone else in the Eureka Ward to stand. Nominations open in July and information on the election process, nomination forms etc can be found at https://www.waikatodistrict.govt.nz/your-council/local-elections-2022

If you would like any information on the election process or the responsibilities of a Councillor contact me anytime.



Dave McGuire & Rob McGuire – October 1983
Photo with an article in the Waikato Times
Headline read "County gets chip off the old block"



HALL UPDATE

My phone has been ringing hot over the last few weeks with people making bookings for the hall. This is great news. We are getting some really good feedback. People agree our venue has everything they needed for their meeting or social gathering. One family was even very surprised they could fit a bouncy castle inside. We really do have an amazing facility and the committee are working really hard to improve it and to make it a popular venue for many different gatherings.

The chairs in the meeting room have been cleaned and it has made such a difference. A huge thank you to Tracey Leen for cleaning them. Pest control were called in as we had a few 4-legged friends, but they have all gone now.

Did you know that the first hall in Eureka was built in 1914 with funds raised by the early settlers of Eureka. During the 1960's the committee decided to replace this hall and build a new one. A lot of work was put in to getting this organised, which resulted in the existing hall being built and opened in 1969.

The next committee meeting for the hall is on **Thursday 7th July at 7.30pm**. These meetings are public meetings, anyone can attend to see what is going on. If you attend a meeting you will not be tricked into joining the committee, but does give you a chance to meet people in the community and feel part of it. I have loved being part of both the Express Committee and the Hall Committee for the length of time we have lived here, 16 years. I have met some amazing people, made many friends and learnt so much about the community we joined after leaving Auckland. To join in to a community such as Eureka, does not take a lot of time, but it does create a lot of memories and connections.

I have mentioned previously about Civil Defence. I am still working with the council to get some stuff together. It really is worthwhile thinking about what you have around you. Do you know your neighbours well enough to know when they might need help? Do you have their contact details in case of emergency? These are simple things we should know. We never know when we may need them.

Take care of yourself and each other.

Keep warm and dry in the winter months. Have an amazing month.

Hall contact Gayle Orr Chairperson 027 291 7150

Usage	Residents	Non - Residents
Meeting Supper room per day	\$ 25	\$ 50
Hall per day	\$ 50	\$100
Social function	\$150	\$250
Weddings & Dance	\$300	\$500
Children's party	\$30	\$ 30
Bond	\$400 Secretary's Discretion	\$500 Secretary's discretion

CONTACT LIST 2022

Badminton Junior	Bryce Silvester	824 0699
Bowls – Tauwhare	Bev Meads	8241 941
Eureka Express	Editor	editor@eurekaexpress.co.nz
	Treasurer — Glenys Middlemiss tres.eurekaexpress@gmail.com	8241 647
Newstead School		8565 946
Tauwhare School		8240 864
Pukeko Pre School Tauwhare		8240 860
Tauwhare Playgroup		tauwhareplaygroup@gmail.com
Farm Discussion Group	Dan Hinton	8241 113
Hall Bookings		eurekahallwaikato@gmail.com
Cubs & Scouts	0800 SCOUTS	0800 726 887
Newstead Veterinary Services	Small Animals	8564 522
Waikato District Councillor	Rob McGuire	824 3696
Eureka Ward	rob.mcguire@waidc.govt.nz	0274 970 966
Drainage – Waikato Regional Council	Steve Edwards	021 941 080
R D 6	Mike Bai	021 045 8846
R D 7	Sophie Begman	021 2685561
Justices of the Peace	Steve Wood	8241 018
	John Bridgman	8243 766

REPORTING POSSIBLE CRIMINAL ACTIVITY

The suburban Police Stations are now closed to the public so criminal activity should be reported by visiting the Hamilton Police Station in Bridge Street or by phoning them on 07 858 6200.

The following website explains the procedure in more detail – http://www.ns.org.nz/index/html/Factsheets/whentocall111

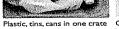
105 (Ten-Five) Information

Use Ten Five (105) to report things that don't need urgent Police assistance.

If you need to talk to us, call 105 from any mobile or landline. It's a free nationwide service available 24/7. If you can't get through to 105 please contact us online at www.police.govt.nz/use-105.









Clean paper and cardboard beside crates



Glass in one crate

editor@eurekaexpress.co.nz

For all your articles, advertisements, photos, ideas and suggestions please use the above email address. The Express is printed Feb – Nov each year. All articles should be sent to the Editor by the 24th of each month.

www.eurekaexpress.co.nz

Yes, we have a website and now you may also read and access our local history book, "Eureka 1874 – 1984" on this website.

LOCAL HISTORY

Copies of the 2004 "School and District Jubilee" booklet are readily available and are free. The booklet contains a synopsis of Eureka's history and development. Contact editor@eurekaexpress.co.nz for your copy. For a more detailed history please see above and read online.

GO BUS TIMETABLE

Leaves Morrinsville Mon-Friday at 7:30am, 7:50am 10:30am, 12 noon, 3:40pm, 4:00pm and 4:30pm

Allow approximately 10 minutes to reach Eureka. Buses are scheduled to arrive in Hamilton approximately 20 minutes later.

Buses leave Hamilton Mon-Friday at 6:45am, 9:00am, 1:100pm, 2:00pm 3:30pm, 5:15pm and 5:40pm

Saturdays, Sundays and Public Holidays

- Dep. Hamilton 8:30am, 1:30pm and 5:30pm
- Dep. Morrinsville 9:10am, 2:15pm, 6:10pm

Fares with BusIT Card (available from driver or Transport Centre)

EUREKA HALL

Your local hall, the Eureka Community Centre as it is officially known, is always available for hire and you are encouraged to use it for meetings, functions - including weddings, birthday or anniversary celebrations, luncheons, dinners or any other gathering you may be considering.

For bookings and hireage costs please email eurekahallwaikato@gmail.com

AED (Automated External Defibrillator)

An AED is situated at Eureka Hall. In case of an emergency phone 111 for an ambulance and ask for the code to open the AED box.

The instructions for use are inside.

If you need this

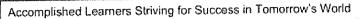
AED

You Need an Ambulance!!!

Call 111

Ask for Ambulance
Give the location of this box as shown below
Ambulance Control will give you the code
Remove Cover, Enter Code, Turn Handle

Tauwhare School



There's a lot coming up on the next 3 Thursdays.....

Matariki is a special occasion in the New Zealand calendar which marks the start of the Māori New Year. Signified by the Matariki cluster of stars reappearing in our night sky, this is a time to reflect on the past year, celebrate the present, and plan for the year ahead.

Whanau came together for breakfast to celebrate Matariki with kai, and time with our whanau and friends. Teachers cooked sausages, scrambled eggs and baked beans. Room 4 children made Maori Fried Bread to share.

CAMP FUNDRAISERS

Kirsty Gilroy & Julie Reeve are taking the Year 5 / 6 students to Peter Snell Youth Village in Whangaparaoa and will be snorkeling at Goat Island, visiting Tiritiri Matangi Island and doing lots of outdoor challenges at the camp. Costs of everything have increased significantly with expected costs for camp to be \$550 per person. We know that many families are experiencing real financial difficulties so we have been doing a lot of fundraising; we have been well supported by our community and our PTA and we hope we will be able to reduce the cost of camp to \$350 per student. Fundraisers to date have included clearing sections (\$400), Oxford Pies (\$1400), Space Disco (\$1000). Coming up we hope to have a hangi and another disco. If anyone has any other fundraising ideas, or would like to sponsor a child to camp, please let us know.

TAUWHARE'S GOT TALENT

Children are thinking about what item they would like to perform, whether it is singing, dancing, gymnastic displays, plays, piano, guitar, magic etc. There is so much talent within our school; it will be a wonderful way to end the term.

Charveah was inspired to write by the John Lewis Christmas Ad 2015 Man on the Moon video.

At last...

My face droops in sorrow, my body crouches, my chest tightens. A splash of colour flashes beyond Earth's skies, my head spinning in circles. The old rusty nails make the wood creak on the bench, feeling like I'm going to fall. My face wrinkles up, feeling alone and not known. I have no hope and no one. My head droops with a big sigh. Rejected. Unwanted.

I am suddenly shocked when a little box comes floating down, crashing into the murky grey moon, then levitating just high for me to reach. My hands are fidgeting, wondering what's inside. My fingers are just able to slide across the top of the bright red box, opening it and finding inside a gold rust-coloured telescope, as gold

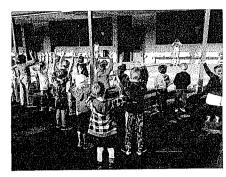
as a gold coin, as rusty as a used nail. I am so surprised, I don't know if I am dreaming or if it is real.

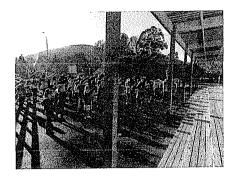
I smile softly, my eyes open wide and a feeling of warmth streams down my body. A single happy tear rolls down my wrinkly face, falling softly in my lap. I am known again.

By Charveah Rm 1



Our seniors do such a great job leading Jump Jam for the whole school.

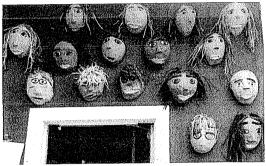




Aren't **Room 1** a good looking bunch ?? The masks are finally complete! It's been a much longer process than anticipated, but the students have worked so hard on these and they really do look

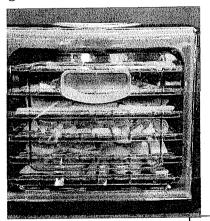
fantastic.

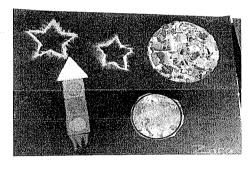




Room 2 created space food, while **Room 6** finished off their space art that they have working so hard on. They have used a range of different media to create their masterpieces.







Room 5 love Buddy Reading with the seniors.



Crickle, crackle, snap

My golden stems
I tumble ... down, down, down.
Bright yellow, dull red, sunset orange,
light brown and sparkling gold
Graceful branches bob up and down in the wind

I twist slowly, down, down, down Till I softly hit a soft green carpet

Leaves gracefully glide on top of me
A light cold breeze blows through the
branches
All that's left is a tree skeleton
By Georgia Rm 4

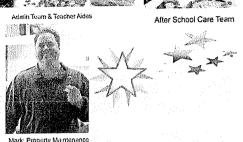


We celebrated Support Staff Appreciation Day on Tuesday 7th June.

ON BEHALF OF THE NEWSTEAD SCHOOL COMMUNITY WE THANK THEM!







We wanted to show our deep appreciation for the work that our AMAZING 2022 NEWSTEAD SUPPORT STAFF DO for us all. The teachers all showed our thanks and gratitude by having a morning tea for Chrissy, Rochelle, Helen and Ali last Tuesday in honour of our team here at Newstead School. These talented, dedicated women go above and beyond every week for the students and staff of Newstead School.

We'd also like to take the opportunity to acknowledge and thank Sarah Jones & the Newstead School After School Care Team for the fabulous work that they do, investing so much passion and care for our families who use this service. We surprised them with a "Thank You" afternoon tea. We are very lucky to have this unique programme running specifically for the needs and care of our whānau & tamariki here to Newstead School.

We'd like to take this opportunity to introduce you all to Mark Robertson who is a new part time member to the Newstead Staff Team. Mark is making a big contribution by being available to do a wide variety of repair and maintenance jobs around our school site.

What's Been Happening in our Classrooms?

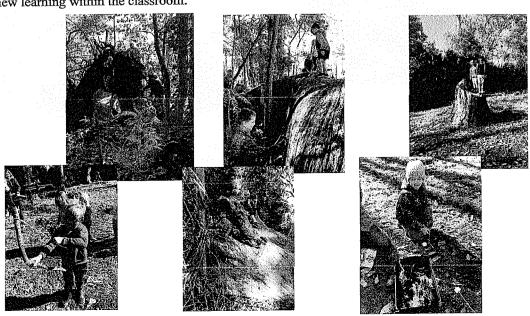
Tui/Tiwaiwaka:

Most Friday's Tui and Tiwaiwaka classes make their way through the Newstead Gully to the clearing at the end of the Newstead Walkway. It is there where we observe how playing in nature provokes an interest in nature, sustainable living and the environment.

During our Forest School sessions, the children are encouraged to work with others to carry out activities such as den/shelter building, role play, exploration, practical and creative skills and tasks.

- Playing in nature provides opportunities for conversations between adults and children and children with children.
- Nature promotes a more abstract way of thinking
- Nature play provides children with a broad sensory activity, allowing them to feel, taste, touch, smell the natural environment around them.
- Playing in nature encourages creativity, imagination and social skills.
- Children who spend time in nature are more active and less prone to stress and anxiety.

We are amazed how each week the children make the most of these wonderful opportunities to learn outdoors and apply their new learning within the classroom.



Kakapo

Kakapo created 4 different paperchains. Each paperchain represented something different:

• Child's favourite food

- Our families,
- Our hobbies
- Our favourite places.





Kiwi:

Here is some artwork Kiwi students did with Mrs Susan Campbell.









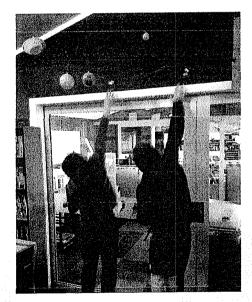




Ruru:

Over the last couple of weeks, Ruru has enjoyed exploring all sorts of different concepts about space through the Mystery Science website. These concepts have included why we see different constellations at different times of the year, the phases of the moon and most recently, figuring out how high we could jump on the

We did an experiment where the students recorded how high they could jump on earth and used that to figure out how high they could jump on different planets and moons based on their gravity. For example, if Mr Shirley can jump 36 cm on Earth and the Moon has 6 times less gravity, He can jump $36 \times 6 = 216 \text{cm}$ on the Moon!



Kereru

Now that we are taking a break from Forest School the children are having a great time using their creativity and imagination with play based learning. So far the favourites seem to be box modelling, painting, sketching and lego creations.



We have also enjoyed learning about Simple Machines. Mack, Skye and Bryan did an excellent job of completing the optional homework task of making a wheelbarrow. We have also been enthusiastically learning Jump Jam dances to have movement in class on these really wet days.



2101 State Highway 26, RD2 Morrinsville 3372 | office@motumaoho.school.nz | p. 07 8897597

School Cross Country

We are still buzzing with excitement after our cross-country day here at school. It was such a crazy day with the unpredictable weather that ranged from stormy winds, torrential rain to beautiful sunshine. Thank you for supporting our students who ran well and most importantly, had a great time. We are especially proud of the effort and resilience that were shown by our students, encouraging each other, and not giving up. Ka pai! That is the Motumaoho way!



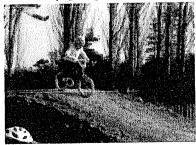
Bike Track Day

We were fortunate to have Alan Murphy here last month to help our akonga develop their skills and ensure their safety while riding on our bike track. Ruma Tui had this to say about their experiences:

"Today Alan Murphy came to teach us how to safely ride a bike. I really liked Alan Murphy's tricks" by Charlotte.

"Today Alan Murphy came to our school to teach us how to ride our bikes safely on the bike track. I felt excited today because it was my first time going on the bike track." by Sativa

ide a mountain bike. Harrison and I did some rad tricks." by









facebook.com/motumaoho.school Website: www.motumaoho.school.nz

TAUWHARE INDOOR BOWLING CLUB

Welcome to June's club newsletter.

Well, Tauwhare bowling club is still going along nicely but more members would certainly be welcome. We are always looking for junior members, so if you are keen, then come along to the Tauwhare Hall on a Thursday evening and of course bring mum and/or dad with you.

If you have not played bowls before, or you are new to the area, or have been in the district for a while and would like to give bowls a try then come along to the Tauwhare Hall on Thursday evenings. You will be made to feel very welcome. We are a friendly, sociable club and there is always much laughter and banter.

There are still a few members that we haven't seen since last year. It is never too late to come along – even in the next few weeks as it would be great to see you!!

The Eastern rink's championship was held recently. This year we are trialling single entry so that all those that want to play put their name in were put into a team. It was great to see Rosalie Arnold and Karen McNally in the winning team and John Cottle in the runner up team.

Three Tauwhare members, Jim and Rosalie Arnold and Bev Meads went to the Indoor Bowls Nationals in Porirua last week. It was a great week and a great experience to see and play against some of the top bowlers in New Zealand.

Club night results

- 26.05.22 winners were Bev Meads and Heather Bargh
- 02.06.22 winner were Jim Arnold and Robyn Bargh
- 09.06.22 Championship Triples Winners Bev Meads and Gene Andrew
- 16.06.22 Winners were Lockie Verner and Gene Andrew

The programme for June/July is:-

23.06.22 – Club Night

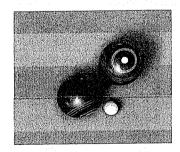
30.06.22 - Men's and Ladies Singles

07.07.22 - Club Night

14.07.22 - Family Night

21.07.22 - Club Night

28.07.22 - Club Night



One of the club nights we will probably play the championship singles.

If you would like more information then do not hesitate to contact one of the following people:-

Jim and Rosalie Arnold

07 887 4832

Bev Meads

021 172 7822

Kevin Williams

07 824 0728

It is never too late in the season to come along and give bowls try bowls.

COOKING WITH KAZZA

EASY APPLE TART

250gm soft butter

 $\frac{3}{4}$ cup castor sugar

1 egg

Grated rind of an orange

Beat together the butter and sugar.

Add egg, rind and vanilla. Beat well.

Add flour and BP.

Spread 2 /3 of mixture in base of well greased and floured loose bottom cake tin.

Spread over the apple and then dot over the remaining dough.

Bake at 190 deg for about 40 minutes.

Sprinkle with icing sugar and serve with whipped cream.

1 tsp vanilla essence

2 ½ cups flour

2 ½ tsps baking powder

400gm tin of apple pieces



SAVOURY GLAZED MEAT LOAF

750g mince

1 tbsp worcester sauce

1 tsp salt and pepper

160 ml milk

1 beaten egg

1 cup soft breadcrumbs

2 tbsps tomato sauce

1 medium chopped onion

1 dsp dry mustard

Mix all ingredients together. It is a moist mixture. Press into a greased loaf tin.

Bake at 180 deg for 15 mins, then remove and brush loaf with glaze - $(\frac{1}{2}$ tsp dry mustard, $\frac{1}{4}$ cup tomato sauce sauce, 1 tbsp brown sugar).

Return to oven and bake a further 50 to 60 mins.



HUMBLE LITTLE GARDEN ON A PLATE

June in the garden by Tracey Leen

Autumn is at an end and hello winter!

It's time to ensure we all have the summer and autumn crops that have ended cleared out and mulching and weeding are underway. It is time to ensure we have those spring bulbs in the ground for a spring show to be able to take place, and it is time to get those key vegetable staples established and underway for the family to benefit from for over the coming months.

Here at 1151 our 'to do' list unfortunately seems to be like our garden weeds at the moment and has only been growing over the past weeks with just the one item ticked off the 'to-do list'. Thanks to some great locals our spring bulbs will indeed be showing this spring and we will be able to provide some great fresh flowers at the gate.

June is a great reflection month in the orchard to review and plan any new additions required to help ensure you have a steady varied supply of fruit in the coming season. Any new additions will benefit from planting taking place through the June/July period.

As fruits crops abruptly end such trees will need a quick tidy up also a little winter pruning can be helpful for following season to encourage growth and ensure the tree is kept at a manageable harvesting size.

If your list is like mine this month, then whilst clearing the vegetable garden it's a good time to consider doing the same for some fruits trees with some basic fruit pruning while you out in the garden.

To ensure I lead no local gardening guru astray and provide the correct knowledge; courtesy of Tui Gardening online the following guide to winter fruit tree pruning can be found.

Not all fruiting plants require an annual prune, and some new dwarf cultivars of apples, peaches, apricots and nectarines have been bred to eliminate the need for annual pruning and maintenance.

KNOWING WHY WE PRUNE:

- To reduce the size of the tree, to allow for easier picking, harvest and maintain desired shape.
- To promote flowering and fruiting for an increased yield pruning encourages fresh new stems, and therefore an increased harvest.
- To allow more sunlight and air movement into the plant: a small bird should be able to fly through the centre of the tree. Improved air movement prevents pest and disease problems developing and more light encourages even ripening.
- To remove dead and diseased branches and stems, rejuvenating trees.

KNOWING WHEN AND WHAT TO PRUNE:

- Apples and pears prune every winter to ensure a good crop of fruit the following season. Note that sometimes due to seasonal fluctuations, pears become biennial fruiters, fruiting better every second season.
- Feijoas, olives, figs, and Chilean guavas citrus prune after harvest finishes. Grapes and kiwifruit prune in winter, back to 3-5 buds and tie back any long new branches or canes to train into shape. Cherries and blueberries do not require a lot of pruning, other than to shape and to remove dead or diseased wood. Both fruit on the same wood for years. The best time to prune is after fruit appears in summer or autumn.

- Prune citrus after the frosts have passed. It is not necessary to prune every year.
- Nectarines, peaches, almonds and plums we recommend to prune stone fruit trees in late summer after fruiting has finished, however it can be done in early-mid autumn if necessary. If you do prune in autumn protect cut wounds with a water-based paint or pruning paint to seal the wound and prevent disease entering. These fruits don't need pruning every season, and it's important not to prune in winter as it can spread the spores of silver leaf, which is these stone fruits are prone to.

HOW TO PRUNE:

- Research your tree variety and the best growing shape for fruit trees i.e., open vase, central leader, trellis, fan, espalier or bush.
- Prune on a dry day, to limit the spread of fungal spores and diseases.
- Use sharp secateurs to make clean cuts on an angle, above a bud or branch.
- · Prune lightly rather than excessively.
- When trimming or reducing the canopy, make cuts just above an outward facing bud.
- Cuts should always be on a 45-degree sloping angle so water doesn't pool and allow fungal disease to enter the wound.
- When removing entire shoots cut close to the main branch, rather than leaving a stub.
- Remove all clippings and pruning's and dispose of dead and diseased material.
- · Clean tools after use.
- Seal cuts larger than 2.5cm with a pruning paste or water-based paint.
- Spray deciduous fruit trees in winter with a copper-based spray to eradicate over wintering diseases. Spores can over-winter and are spread by air and moisture, as well as tools.

Our humble garden 'to do list':

- Remove all summer and autumn crops that have completed their cycle from gardens.
- Rake up any leaves or debris during winter. This reduces fungal spores that live amongst such debris and can affect the following season crops.
- Plant new fruit trees; citrus, apples, pears, plums, peaches and nectarines.
- Plant garlic bulbs on the shortest day of winter and harvest on the longest day of summer.
- · Plant seedlings of cabbage, cauliflower, broccoli, winter lettuce, spinach and silverbeet
- · Plant daphne, camellias and rhododendrons.
- · Sow seeds of lobelia, calendula, sweet william, dianthus, alyssum and sweetpeas.
- June is the time to plant strawberries! Well established plants will fruit earlier and for longer this spring and summer. Consider 5 plants per person to ensure there is enough berries to go around.
- Spray deciduous fruit trees with Copper to protect from pests and diseases, or consider nailing a copper nail into the base of the tree.
- Late winter prune roses. Remove all dead or damaged stems. Remove any stems that are crossing each other and open the centre of the bush. Re shape and resize bush to encourage desired growth.
- Visit the new 'Egyptian Garden' at the Hamilton Gardens which opened in May!

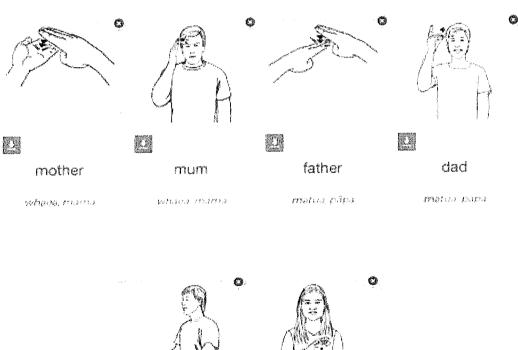
UNDERSTANDING OUR DEAF CULTURE

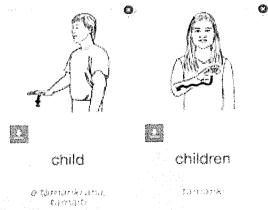
By Jean E Masters

Deaf people, as a linguistic minority, have a shared experience of life, which manifests itself in Deaf culture, including beliefs, attitudes, history, norms, values, literary traditions, and art shared by Deaf people.

Deaf culture is at the heart of Deaf communities everywhere in the world. Each Deaf community is a cultural group that shares a sign language and a common heritage. Therefore, Deaf communities all around the globe identify themselves as members of a cultural and linguistic group.

Not all Deaf people have no hearing aids or cochlear implant basely on their choice. They see hearing aids/cochlear implants as a medical device/in the medical society than in their own Deaf culture. Deaf people choose not to use their voices when signing to others, and several other Deaf people will use their voices and sign at the same time to others like myself. Without a hearing aid, a Deaf person can not hear any sounds except to feel vibration by echo sound-wave.





What is cryptocurrency, and should you care?

Put briefly: cryptocurrency is much ado about nothing, and you shouldn't care about it.

In more detail: getting your computer to do a lot of very complicated equations (with no beneficial end result) gives you what is called cryptocurrency, which can be exchanged for goods and services on *some* websites. It's a make-believe money market which, much like currency in most countries, has no real-world backing in terms of gold or other materials. But unlike those currencies, it is unstable and subject to hacking, consumes enormous amounts of computational energy which can be used for better things, and is generally a Bad Thing.

Proponents of cryptocurrency will tell you that it is a 'decentralised' currency, which is to say there is no centerpoint or exchange. Unfortunately this turns out not to be true. All cryptocurrency goes through particular online exchanges when it is converted from one form to another. In addition, those who started early with cryptocurrency tend to have a lot more of it, and so control of the market is in-practice dictated by a very small number of people, particularly those who have access to expensive high-performance computing resources.

There are many different forms of cryptocurrency, such as bitcoin, ethereum, dogecoin and others. The buying and selling of these emulates that which occurs in regular financial markets, but in a way which is easily controlled by those who started early with those particular currencies. So, the rich get richer, even with a 'decentralised' currency. And that's not even mentioning the environmental side effects.

The amount of energy consumed to generate cryptocurrency worldwide generates emissions equivalent to that of a small country. That same amount of computational power, if applied to problems like cancer and alzheimers research, would have dramatic effects on human well-being. There are already many platforms using distributed computing in this way, such as <u>Folding@Home</u>, which played a pivotal part in developing vaccines for Covid.

Cryptocurrency adds nothing to human well-being, funds only the lucky few and has no real-world sustainability. In this authors opinion it is the worst excess of tech culture, with it's proponents either being cynical opportunists or chumps. For more info I recommend the YouTube video "The Line Goes Up", which also covers NFT's, a related (and equally unimportant) technology.

Speaking of things which add nothing to human well-being, if you're running Windows 10 and it asks you to upgrade to Windows 11, deny it. Don't accept. Windows 11 is still a buggy, unfinished product that should never have been beta-tested on you innocent home users. In 3 years time, once Win10 stops being supported by Microsoft, it should be ready for use.

Want help using your computer for something actually useful?

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\$60 per hour, or \$50 for drop-off-to-workshop services (winter discounted rates).





PLASTIC FREE JULY 2022

Plastic Free July is a worldwide initiative to encourage people to reduce the amount to single use plastic they use. It's a perfect time to set ourselves a few challenges to change our behaviour.

What can you do to reduce the amount of plastic waste you create?

IDEAS FOR SMALL SWAPS FOR PLASTIC FREE JULY 2022

If you are just starting out reducing plastic, go for some easy swaps at first.

The ones you might find easiest to change include:

Item	Reason to swap	Alternative to single use plastic
Takeaway coffee cups	These are usually lined with plastic, so are not easy to recycle	Take a reusable cup with you when you order your coffee
Fruit and Vegetables	Usually prepacked in plastic or put in a plastic produce bag	Use reusable produce bags at the supermarket. Or use a paper bag — this can be composted.
Plastic shopping bags	These are often single use	Take reusable shopping bags to the supermarket
Plastic straws	Single use and not recyclable	Use a reusable straw or no straw at all
Plastic water bottles	Can be refilled but not designed to be used many times	Take your own refillable water bottle with you from home

LOOKING TO GO FURTHER TO REDUCE WASTE IN PLASTIC FREE JULY 2022?

CONSIDER BUYING LESS

Before buying something, stop and think if there are other options.

There could be low waste or no waste alternatives.

Buying second hand reduces waste going to landfill, and usually comes without excess plastic packaging.

Or you could borrow the item instead.

Possibly, you could do without it at all, and save your money for another time.

BUYING A BETTER QUALITY ITEM, IF POSSIBLE

If you can afford it, buying a higher quality reusable item will be better in the long run. Spending more on something you will use for years is better than buying cheap items, often made of plastic, that need replacing regularly.

This does mean you need to have the money available in the first place, which I acknowledge is an issue for many people.

CONSIDER MINIMALISM....

Living a more minimalist lifestyle is a way to reduce spending, reduce waste and save your money for more important things. And it doesn't mean you have to get rid of things you love.

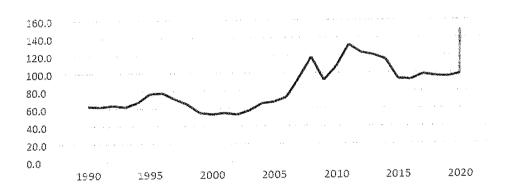
It is about being mindful when you do buy things. Its so easy to buy too much stuff, and fill our houses up with clutter (I do this too, but I'm trying to reduce my spending on things I really don't need).

What habits will you try in Plastic Free July to reduce waste?

Please see my website www.eco-pippa.com for the full blog post

PRICE OF FOOD ON THE RISE - FAO FOOD PRICE INDEX

*FAO = Food and Agriculture Organization of the United Nations



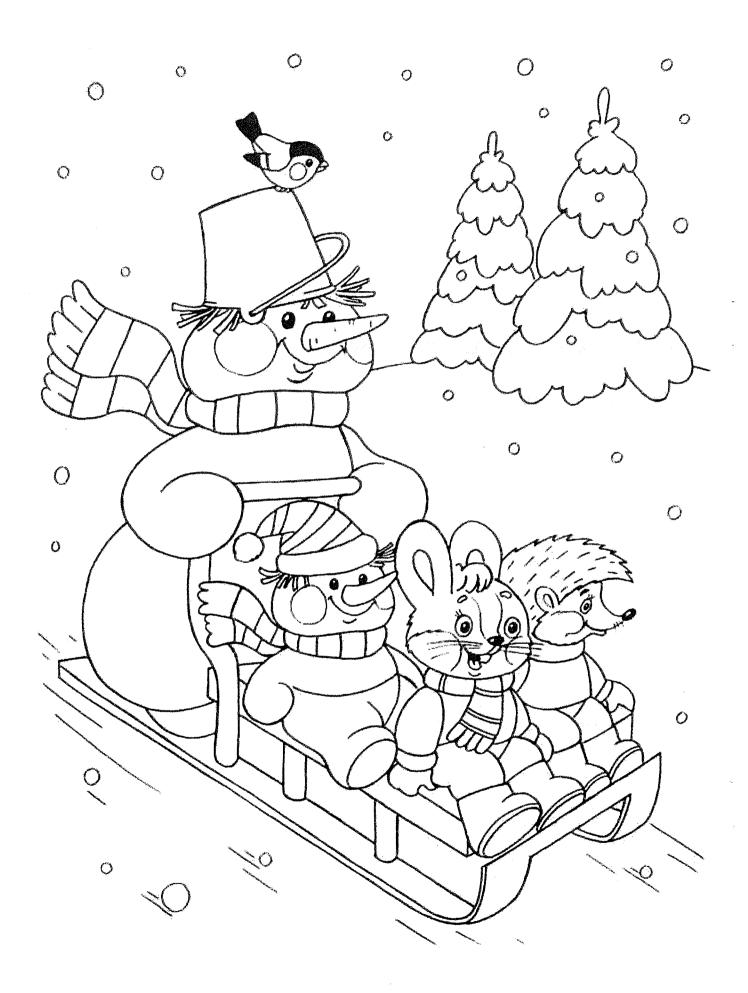
Grain Price increases

Since mid-march 2022, prices have increased:

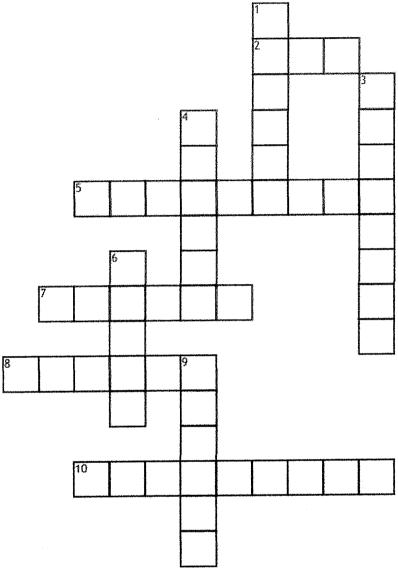
- · 27% Milling wheat
- 10% Feed wheat
- 18% Feed barley
- 10% Oats
- 22% Maize
- 22% PKE

WHY?

- Harvests yields are down on quantity, fuel prices and the cost of urea continue to increase impacting cost to product.
- Drought in Southland was a big driver of this, as well as drier and hotter conditions across the central north island.
- The conflict in Ukraine scared many in market, prices in the US and Aus increased significantly While we don't import from Europe, the impact is still felt here.
- Countries who source corn and soy from Ukraine and wheat from Russia have to source elsewhere.



Winter Crossword Puzzle

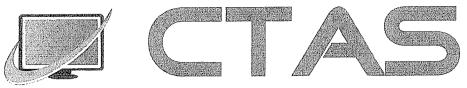


Across

- 2. You wear it on your head
- 5. You can get warm by this inside
- 7. You wear them on your hands
- **8.** You wear them on your feet when it's icy
- 10. December 25th

Down

- 1. You use it to pick up snow
- 3. Very icy cold
- 4. Children ride on it in snow
- **6.** You wear them on your feet in the snow
- 9. A sport you can do in the snow



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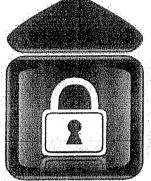
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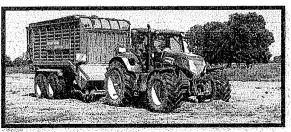
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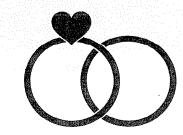


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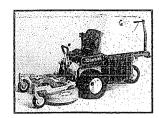


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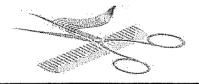
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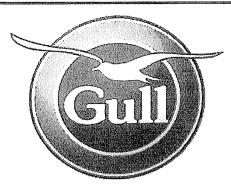
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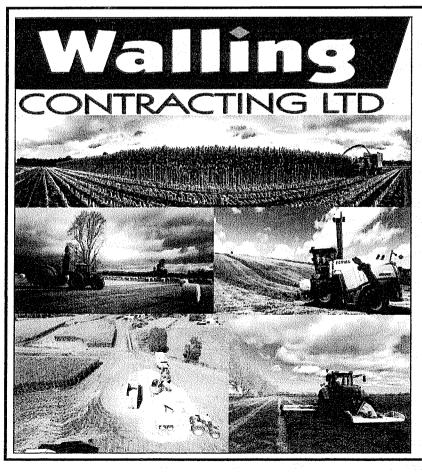
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Hunter Road — More progress on the inside

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The walls are being lined and we can now clearly see the spaces we will be working in.

Very exciting!



