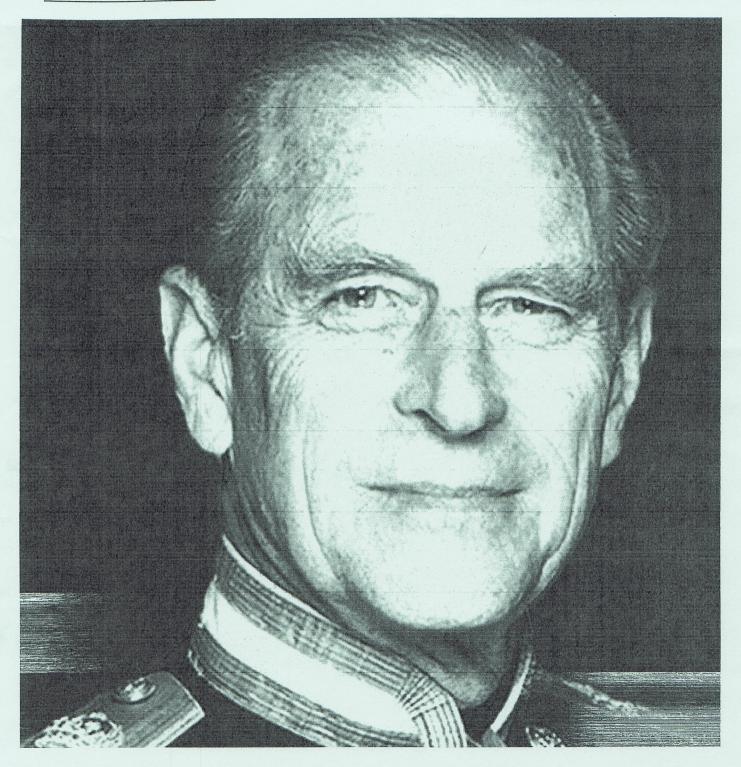
Eureka Express

Vol XLII No.3 Circ 315

April 2021

www.eurekaexpress.co.nz

editor@eurekaexpress.co.nz



HRH Prince Philip, Duke of Edinburgh 10 June 1921 to 9 April 2021

GARAGE SALE

SATURDAY 22 MAY 2021 EUREKA HALL 8AM - 12PM

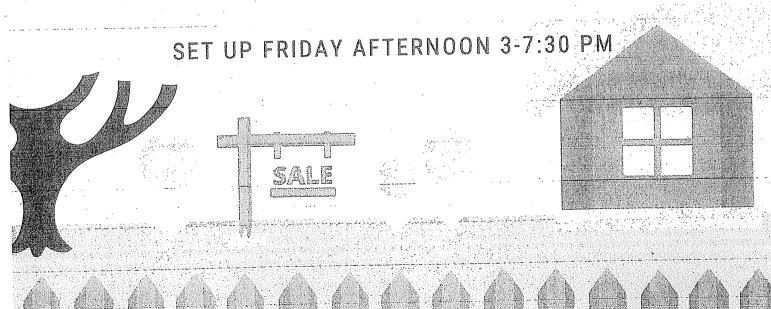
WANT TO SELL SOMETHING??
\$10 PER SPACE

CONTACT

GAIL MAYALL - 0212113348

GAYLE ORR - 0272917150

OR EUREKAHALLWAIKATO@GMAIL.COM



EDITORIAL

Wow, I counted the years that we have lived here in Eureka on our lifestyle block - almost 20 wonderful years, living in paradise. When John and I moved here our children Rebecca and Michael were young 7 and 5 years old. Now they are independent young adults. Although, one is a boomerang: now he's here, now he's gone, oh no he is here again! Explains why the spare room looks like a storage shed. Mind you for many young people it is the only way to save some money, nowadays.

I am not an urbanite and never will be. I enjoy being outside gardening or farming on a miniature scale. This year, grazing two yearling calves. Lifestyle farming requires your Diploma in Farming 101 -to manage grass rotation for feed, drenching, making hay, applying fertilizer and weed spraying, to mending fences from time to time. while avoiding the cat Millie whose an excellent hunter of all things (bunnies, birds, mice and me). I have the scars!!!

Anyway, I thought this is an important time to reflect on those that went to war and served this amazing country. In the spirit of ANZAC Day, I thought how special to share a letter from one of my 3 uncles who served in World War II. This letter was from my uncle Ted (aged 24 years) and written to his mother-in law (Ida, my grandma) and a few of his sisters-in-law (Freda and Hilda, my aunties). Ted was a solder in the 22nd Wellington Battalion D Taranaki Company and wrote this letter while stationed somewhere in Greece.

6995 E J Dyer
"D" Taranaki Coy.
22nd Wellington Btn.
2nd N.Z.E.F.
Middle East Forces
3.4.41

Dear Mum, Freda and Hilda,

I'm writing to Ida by airmail so maybe she will have told you by the time you receive this all there is to be told. We happen to be in the front line now and so have to be very careful what we write about. Unfortunately, I am not able to send this by air as only 9 stamps were issued for 40 men and I managed to get one. I have applied for 6 more so maybe the next letter will come by air. I expect Edie will be surprised to see N.Z. stamps on the letter but we are not allowed to buy them in town in case our whereabouts should be disclosed. However, I have a few for Freda, as soon as it is possible to send them, I will do so. As you perhaps know we only stayed in Egypt about three weeks and it was quite long enough for all of us. I believe I wrote to you while there but I'm not sure as we've been shifting camp just about every week and I've forgotten. I've written to Ida anyway. This is our fourth camping ground since leaving England and we are packed ready to shift again. I expect an announcement will have been made in the N.Z papers as to our whereabouts by the time this reaches you. In any case I'm not permitted to mention any names. We embarked for overseas the day following the anniversary of Ida's wedding and arrived three days later. We had a very good reception from the people as we marched to the station to board the train for this place. We were only in the capital city a day. It took us 24 hours to get here and as we passed along the country reminded me very much of Switzerland. All the people stopped work to wave to us and at one station was a priest with a crucifix blessing us. It was a very touching sight. We travelled in covered trucks as it was expected we might be machine gunned. However, we came through without any trouble. The 1st Echelon are about 14 miles away and last night the chap Beresford called in. Maybe I'll catch up with Pat yet. I heard he was a fair b------ to the boys. It is very nice here. During the day it is quite hot but very cold at night. We have a nice mountain stream close by and it didn't take us long to find it. We hadn't had our clothes off or a wash for over a week. There were no cabins on the ship we came over on and we all had to sleep on the decks. Our meals were very light and consisted of 5 packets of dog biscuits, 1/3 lb of margarine and about 1 ½ of corned beef for 10 men. Sometimes we had a spoonful of jam and ½ lb of cheese. There was no room to do anything and we sat around and played cards all day.

I'm enclosing a snap for Freda and Hilda which I had taken about a couple of hours ago. I also have one for Annie and Mary which I will send later on.

About 10 (?) miles away is a big range of snow clad mountains and I've heard that the jerries are about 10 hours journey the other side so we may strike trouble any time now. Well! It is getting too dark now to see. We are just sleeping out under the stars and I have to do my writing on my knee. The money here is very peculiar. They have no pennies, shillings or pounds. The currency is in drachmas and there are 538 to the pound and although we have a wad of notes it is worth very little. They use notes for 10 [word crossed out by censor] or about 42 /- and upwards. Very little silver is in circulation. We have already had 3 paydays in a week but have only drawn £1. The first day we arrived the boys sold everything including blankets for 60 [word crossed out by censor] or 2/6 in order to be able to buy a few things.

Well I must close now so Au Revoir, hoping all are well. I will write again as soon as possible.

Your affectionately,

Ted XXX

This is one of many letters my uncle as a young man wrote during the war. Ted's reference to the countryside being like Switzerland was especially meant for my Grandma who came to NZ from Switzerland in 1909. I never met my uncle, he never returned from war to see his young wife (Edie) as he was shot in Crete and is buried there.

Poignantly, the only insight into what he was like are his war letters. They are very enlightening and a far contrast from our son's life today. Interestingly, in his field, his value of family, the importance of communication, having a stamp and his valued appreciation of many basic things (that we today enjoy and take for granted), food, bathing and having a bed to sleep in) were absolute luxuries, and a distant fond memory for this tired soldier. RIP young soldier, we will remember you and all the other soldiers who served us!

Wonder what my son would say if I made him dinner of dog biscuits, margarine and corned beef and put him outside to sleep under the stars???

Just saying!!!

Kathryn Schicker

EUREKA EXPRESS EASTER COLOURING COMPETITION 2021

RESULTS

Pre-School

Olive Thomas (3Yrs), Paul Czyz (4), Evelyn King (3), Rita Roberts (2)

Juniors

1st Talia MacFarlane (5yrs)

2nd Clara Davies-Colley (7)

3rd Charli Carroll (6)

4th Beau Thomas (6)

5th Georgia Woods (7)



Commended: Charlie Smith (6), Dinah Van de Pas (6), Lucas Lee (6), Ava Thompson (5), Cohen Roberts (6), Vivienne King (5), Caleb Wallace (5), Leo Redgate (7), Eli Roberts (5), William Birch (5), Madeline Barker (6) Gia Redgate (5), Miller Sampson (6).

Seniors

1st Leon Morris (8yrs)

2nd Elina Morris (10)

3rd Shaun Mayall (10)

4th Sam Elworthy (10)

5th Stevie-Lee Noa (10)



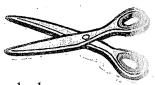
Commended: Emily (10), Joe Hinton (8), Zoe Elworthy (8), Maisie Thomas (8), Ryan Hunter (8), Anika Duncan (8), Charlotte Hinton (9), Ruby Sampson (9), Reid (RJ) Carroll (8), Scott Taylor (9), Nicholas Dunn (9), Rafael (9) Xavier Perry (10). Plus Emma Hunter (11) and Alisha MacFarlane (13)

Cover

Lauren Pryor (13)

The judges (independent and unbiased as always) were once again most impressed with the high standard of the 43 lovely local entries this year. Congratulations and thank you to all. We hope you enjoyed your prizes and also enjoyed seeing your colourings displayed in the windows of Gull Eureka over Easter week. We appreciated the interest shown in our competition by a nearby school and pre-school and your lovely colourings were also displayed.

SNIPPETS



FOND FAREWELLS TO Barbarista Barbara, and her partner, Kerry, who have relocated to Pukerangi, Otago. Go well. You will be greatly missed.

21ST BIRTHDAY CONGRATS to Cameron Mayall who turned 21 on April 6th having suitably celebrated this milestone. Cameron is presently winging his way to Phoenix, Arizona, to work for Demaray Harvesting and Trucking on a 9 month contract working up through the States of Kansas Nebraska, Sth Dakota, and Nth Dakota to the Canadian border. All our best wishes go with you, Cameron.

60TH WEDDING ANNIVERSARY CONGRATULATIONS to Doreen and Bob Appleton, past identities of Eureka, now of Matamata. They achieved their Diamond Anniversary on April 8th and we send Bob and Doreen congratulations and best wishes. Sadly within days of their celebration tragedy struck when their daughter, Carole's partner, Vic Harris died as a result of a logging accident at Putaruru. Our heartfelt sympathy goes to Carole and all the family.

A VERY WARM WELCOME to Eureka is extended to new arrivals on Manor Park, ex Fraser and Caroline Murray, Wojtek Czyz, his wife, Elena and their 4 year old son Paul. Wojtek and Elena are a very interesting and top sporting young couple who have set up a Manuka honey business this year. To learn more about their business, and their interesting previous lives, you are urged to look up their website www.manukaroyle.nz Best Wishes to you both Phone: 0297791777

AND A WARM WELCOME ALSO to Melanie and Neil Jeffrey who moved to Eureka in February after farming for 6 years in Gordonton. Neil is managing the poultry farm (ex Walton's) on State Highway 26. Their daughter, Cara is leaving home soon and son Nick celebrated his wedding last Saturday. (Congratulations, Nick). We hope you enjoy living in Eureka, Mel and Nick.

WELCOME TO TWO NEW MEMBERS OF OUR E.EXPRESS TEAM.

Karen Zeeders has volunteered to be our new recipe page provider, and Tracey Leen has volunteered to keep us inspired with our gardening endeavours. Thank you so much Karen and Tracey. We greatly look forward to your monthly contributions.

A BIG THANKYOU goes to Mike Roach who has kept us up to speed with our gardening efforts since 2014 when he first started sharing the monthly columns with Jennifer Mace. We wish them both well in their retirement from this hugely appreciated commitment and their great advice they imparted over the years.

GARDENING COMPETITION FOR OUR YOUNGER CHILDREN. See the new gardening pages within. With sincere thanks to Mitre 10, Morrinsville.

HALL UPDATE

A really good turnout for the ANZAC day service on Sunday 25th. It was lovely to see so many people support the community service.

Thank you so much to Sam Ware and Fiona Bradley for the lovely singing of the NZ and Australian national Anthems.

Also a huge thank you for everyone who made the day possible. Family, friends, Gail and the committee members who baked the delicious ANZAC biscuits. Not to mention the people who helped put up the poppies around the tree a week earlier.

We had two wreaths, one from the Waikato District Council, and one from the Eureka Hall Committee. The Council also provided three crosses, which were really nice. Christine Whiteley donated some ceramic poppies. Thank you so much, the poppies are really lovely.

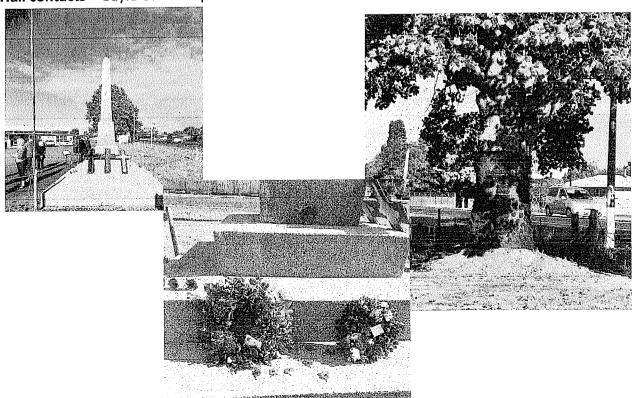
We have an amazing community and it is a great place to live.

Our next community event is the garage sale on 22 May. It is still not too late to book a stall or a car boot space in the car park. It is a good time to have a clear out. Remember one man's trash is another man's treasure.

Bookings for the hall are coming in slowly, but there are still plenty of dates available to book an event, so if you would like to book a function, contact Gail Mayall 8241758. We will still maintain the Covid scanning and hand sanitiser regulation in the hall, and we encourage anyone using the hall, to please comply.

That is it for this month, be safe and happy.

Hall contacts Gayle Orr Chairperson 027 2917 150 Gail Mayall Secretary 07 824 1758



COMMUNITY GARAGE SALE.

We hope you will support this Hall Committee initiative on Saturday 22nd May. It is a number of years since the last Garage Sale was held and it seemed timely to hold another. See poster within.

To book a table, small or large, or a car boot, (\$10 each), please phone or text Gayle 027291750 or Gail 0212113348, or email: eurekahallwaikato@gmail.com.

Set up will take place on Friday evening prior and the Garage Sale will open at 8am on the Saturday morning and run until noon.

BURGLAR ALERT!! Please be aware that there have been reports of recent attempted break-ins and other suspicious activity in our community. These incidents have been reported to the Police.

PLEASE be vigilant with your security and on- the-watch for unusual vehicles or loitering...

MARKETPLACE

FOR SALE: Pekin Bantam pullets for sale. \$10 each. Lots of different colours and ages to choose from, and they should start laying lovely tasty eggs within the next few months. As a bonus you can choose a rooster as well for free! Contact Hayley 0225088040

FOR SALE: 12 large hay bales \$100 bale (no GST) and to be collected by the buyer Phone 0274732014

FOR SALE: Upright Westinghouse freestyle 380 litre freezer. Good condition \$400. Phone 0274732014

FOR SALE: Kerrick Clayjet II Water-Blaster – hot/cold – on trolley wheels. Offers Phone Maurice 0276150719

FOR SALE: Hansa Wood Chipper 13 HP, near new motor, towable. Offers Phone Maurice 0276150719

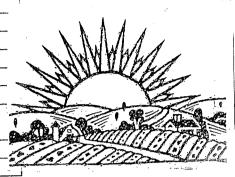
Mum's & Bubs Exercise Class

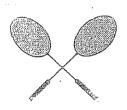
Tuesdays 10-11am Eureka Hall



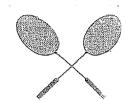
WEATHER

Weather for March 2021			
Rainfall total	90.5 mm		
Rain Total for year	162.5 mm		A A
Rainy days	9		White -
Most daily rainfall	30 mm	2 nd March	
Highest wind speed	43.6 km/hr	7 th March	
Temp high	27.1 C	14th March	
Templow	6.8 C	24th March	





PECABADMATON CLIB



JUNIOR BADMINTON

Junior Badminton will get underway for the season on Wednesday 5th May.

Every Wednesday night from 6 – 7.30pm

At Matangi Hall, for 8 years and upwards

New players welcome. Racquets available

For further information please phone Bryce on 8240699



ADVERTISING RATES

Classified Adverts

Free

Small Business Adverts

\$10 /month

- x 10 insertions

\$80 /year

One Third Page Adverts - x 10 insertions

\$15 /month \$120 / year

One Half Page Adverts - x 10 insertions

\$20 / month

\$160 /year

CONTACTS

Gail Mayall (Editor)

70 Eureka Road

Ph: 07 824 1758 or 021 211 3348

Email: editor@eurekaexpress.co.nz

Glenys Middlemiss (Treasurer)

Ph: 07 824 1647

Email: tres.eurekaexpress@gmail.com

EUREKA EXPRESS AGM REPORT

The 41st Annual General Meeting of the Eureka Express was held on 17th March 2021 at the Eureka Hall. Nineteen residents attended the meeting which was chaired by Editor Gail Mayall.

Income for the 2020 financial year was \$2,936.00; Cash expenditure \$4,089.85 – a loss of \$1,153.85. The loss was largely due to paper purchased (\$728.00) as no paper was purchased in the 2020 financial year and photocopying costs were up \$300 on the previous year.

Bank balances at the end of the financial year were – Encore (cheque) account \$1,518.33 Simple Saver account \$6,044.97. Advertising charges will remain the same.

During the 2020 year the Covid pandemic and subsequent lockdown resulted in the cancellation of the annual Express Easter colouring competition, postponement of the Express 40th birthday celebrations planned for 5th April, and a scaled down ANZAC commemoration. Also due to Level 4 restrictions the April edition of the Express was not compiled for the first time in 40 years. However a December edition was compiled to ensure the Express met its 10 edition obligations to the advertisers. The leased photocopier continues to work well and is much faster, shaving at least two hours off our previous printing time.

Two Committee members resigned during the year and moved from Eureka and we thank Sue and John Marshall and Dinah Booth for their contributions to the Express and the Eureka community.

Guest editorials continued and are a feature of the Express enjoyed by all and the Editor thanked those who contributed. She acknowledged the thorough care of the Express accounts by Treasurer Glenys Middlemiss and thanked Sheryll Gordon who reviews the Express accounts, Lin Buckley who finds volunteers to write the editorial each month and reminds contributors to meet printing deadlines, Wendy Morch for her work preparing advertisements, Anna Drever who designs the covers, Dinah Booth for her recipe pages, Lorraine Morrison who is a huge help on printing day, Margaret Smith and Jill McGuire for their assistance with editing and typing and who, with Sue Marshall help on printing days. Also to the other Committee members who make a big contribution to the smooth running of the Express; also Waikato Sheds, Eureka Motors and other advertisers, regular and new contributors and those who assist with delivering the Express each month. Thanks also to our website Manager Michelle Collingworth who is an important member of our team.

The Committee is also grateful for the donations they receive from past and present residents of Eureka.

Retiring from the committee after 12 years of valuable contribution is Jennifer Mace. We enjoyed Jennifer's Gardening columns for a good number of years, five of those as the sole writer then a few more years sharing with Mike Roach. Sincere thanks, Jennifer. Also retiring is Gerrie Vissers and we sincerely thank her for her input also.

Editor Gail concluded her report by noting that she expects this to be her last year in Eureka and whilst she was willing to accept the nomination as Editor in 2021, said this would be her final year in the position. After 41 years with the Express Gail has enjoyed her involvement and the cameraderie and support of everyone she has worked with but retirement beckons. It was great to see the committee in good heart and ready to tackle another 40 years!

EE Committee 2021:

Patron:

Colin Duncan

Editor:

Gail Mayall

Secretary:

Tracey Leen

Treasurer:

Glenys Middlemiss

Website:

Michelle Colllingworth & CTAS

Advertisements:

Wendy Morch

Covers:

Editorials & copy reminders:Lin Buckley Anna Drever

Typists:

Margaret Smith & Jill McGuire

Printing Assistants:

Lorraine Morrison, Margaret Smith, Jill McGuire & others if available

Columnists:

Recipes - Karen Zeeders

Gardening - Tracey Leen

News & other assistance:

Gayle Orr & Linda Journeaux

A very warm welcome to four new committee members. We are delighted to welcome to 'the Team' Tracey Leen, Karen Zeeders, Joelean Mayall and Abbie Hinton



Monthly meetings, garden visits, guest speakers and more.

Find us on Facebook - search for 'Tauwhare Garden Club', or contact Pippa on 0272935184 for details







Hi everyone,

I am doing a Pyjama collection again this year for Foster Hope NZ's Pyjama Drive. I will be collecting NEW children's pyjamas or donations from now until the end of June. These Pyjamas will go to Foster Hope Waikato to give to children going into foster care.

Lets see how many we can collect for these deserving wee kids!

If you would like to donate money then I will do a bulk shop for pj's towards the end of June.

If you would like to donate pj's, you can leave them at Gull Eureka for me to collect.

A pair of new pj's (for ages 0 to 17yrs) could be the first new item of clothing these children have ever had.....

Thank you!! Monique Woods 021 842 832

My account details for donations: 12 3135 0087557 00 Use your name and 'PJ' as the reference



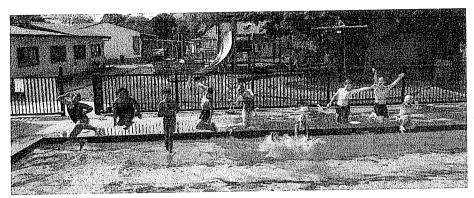
Tauwhare School

admin@laughara.sehool.nz



Accomplished Learners Striving for Success in Tomorrow's World

End of term 1. Where did that time go??? This is a great time to thank our teachers for their hard work during the term. Also to our Teacher Aides who work so hard to support children in the classrooms. The teacher aides run many, many programmes for small groups of children in each room. Programmes such as Toe-By -Toe, which is a phonological based programme targeting specific sound/letter/blends and spelling patterns. They run Oral Language groups, dyslexia programmes, catch up maths, comprehension, talk to learn, Steps spelling, phonics, Perceptual Motor Programme, speech language, plus they do one to one work the support a child in the classroom. Phew!!! Have a holiday teacher aides!!!!!



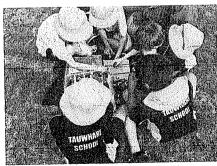
SWIMMING POOL CLOSED

Just a reminder that the pool is now closed. Thank you so much to Bryce Silvester for the way he has kept the pool so beautifully clean and filtered throughout the season. Your hard work is appreciated Bryce!!! Keys can be returned at the start of term 2 (3)

JUNIOR TABLOIDS

On Thursday 25th March, The Junior school went to Tamahere Model School for Tabloid sports. What a fantastic day it was with over 355 5 and 6 year olds participating; I am sure the teachers had as much fun as the students did. The students participated in a range of different sports and races run by the student teachers. We would love to thank all our amazing parents who helped and offered their support throughout the day. It was great having so many parents per group to support all our students.







LEADERSHIP DAY

Our Year 5 & 6 students participated in the leadership day run by Sports Waikato along with many other schools. They had a wonderful day filled with problem solving and team building activities.

AMERICA'S CUP DESIGNERS OF THE FUTURE

Throughout the school you can hear terminology such as floating, buoyancy, density, porous, modifications being bandied around as each child builds and tests their own futuristic design for the next America's cup.







TAUWHARE INDOOR BOWLING CLUB

Welcome to April's club newsletter.

Our club is still going but struggling for members. Twelve to 13 members seems to be all we can get at the present. Even though the numbers are down we have had some enjoyable evenings and as per usual there is always much laughter.

If you are new to the area or been in the district for a while and would like to give bowls a try, then come to the Tauwhare Hall on Thursday evenings. You will be made to feel very welcome. We are a friendly, sociable club.

We are always looking for junior players so if you are keen, then come along and of course bring mum and/or dad with you.

If you have not played bowls before but would love to give it a go then come to the Tauwhare hall on a Thursday evening. We have people within the club that can explain how the game is played. We start at 7.30pm but names need to be in by 7.25pm

We played the Mulholland Trophy recently and the winners were Rosalie Arnold and Heather Bargh. The runner up team were Peter Stanaway and Robyn Bargh

This is what is on our programme till the end of May:-

22nd April

Triple Championship

29th April

Chub Night

4th May

Erin Rosebowl @ Matangi

6th MayRinks Championship

13th May

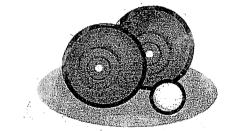
Club Night

20th May

Open Triples Tournament

27th May

Pairs Championship



If you would like more information then do not hesitate to contact one of the following people:-

Kevin Williams
Jim and Rosalie Arnold

07 824 0728 07 887 4832

Bev Meads

021 172 7822

Humble Little Garden on a plate.

Did you know? Rainy days were invented not just to make farmers happy but to also allow gardeners to get some housework done.

More seriously did you know that getting your hands in the soil is scientifically proven to help with happiness? Many researchers worldwide have determined that the 'friendly' bacteria found in soil helps with the support of increasing serotonin which is linked to our immunities and mental health.

My name is Tracey and I am happy to admit that I am only a gardener in training and have a very long way to meeting the level of gardening guru status that I have met in our community over the past couple of years.

My family and I live in the old Hinton home on SH26, which us "Leens" have resided for about 5 years but have only recently ventured past the small honesty box, Fig and egg signs under the large willow tree that guards the gates to our home.

March 23 2020 normally marks the day of Covid lockdown announcement to most people however for us Leens it is just the day a series of unfortunate events began at 1151 which forced my family and I to suddenly reevaluate how we live and resulted in the leens at 1151 changing direction and digging deep (you will get use to the puns[©]) and relooking at what's important to us in our lives, and how we choose to live within our gates.

12 months on our pace is much, much slower physically and by choice, mentally. We are grateful for the small piece of land we have, and love the satisfaction of sitting down at night and adding up the ingredients on our plates that have come from our home and hard work.

"We aim to be as sustainable as possible, within what we can achieve, with what we have"

It began with a comment from my mother whom told me to get my hands in the dirt when this series of unfortunate events began, however another problem arose following such wise advice, I now could not get my hands out of the dirt!

A garden which began with a humble potato plot and a few herbs soon grew and eventually has grown into our garden of Eden (or Eureka) in the shape of a peaceful quiet place, stretching across the once uniformed orchard to now like a wild vine into the side paddocks to form a large citrus orchard, fig orchard, hedging permaculture, and recently with the help of two wonderful Kune Kune piglets named Hank and Amber additional veggie patches.

Despite Hank and Ambers early efforts to raid the garden in their early days, the team of two have helped to remove a lot of hard work for one gardening gal by breaking, turning and adding manure into the soils to help us to prepare for the additional veggie gardens without the additional work, which I am very grateful for however their early antics leads me to describe the efforts of gardening on some days to be definitely requiring a lot of blood, sweat and TEARS, lots of tears.

April and May in the Humble Garden

As our nights are becoming cooler and darker and days shorter it won't be long before the frost begin and our gardens will require some nurturing. However I have been amazed of late the unusual developments across the Humble Garden. As I look around you can see strawberries still generating new flowers and fruit, deep red raspberries hanging and new growth ripening on the vines which haven't stopped since early summer last year. Our grapes are taking a second shot at providing some sweet 'moisture sacks' as my son describes them, oddly our capsicums are flowering again with new sweet harvest ready daily. There seems to be a definite extension of harvest not just with the well reported tomatoes and courgette crops being extended.

It will be interesting to see when our frost decide to visit as our frost really have the deciding factor of the timing for planting, nurturing, and harvesting from our gardens. With the seasonal changes we are all experiencing this is when you can never go wrong with concentrating on the hardy vegetable crops such as silver beet, chard, spinach, herbs, radish, lettuce etc. these are the staples of any good providing family garden and will not flinch through any unplanned frost that is spontaneously bestowed upon us.

Keeping in mind the frost timing to be a wise guide when planning your Garden Calender. Below is a basic guide to what we can officially look forward to planting over the coming weeks if you have not already done so as well as some tips for companion planting to support your crops. Using such resources are a great way to get started and help support you to get the best results from your labour.

Companion planting tips:

- Broccoli thrives when planted next to dill and rosemary.
- Carrots and leeks grow well together both have strong scents that repel each other's pests.
- Garlic planted among a bed of roses will help deter plant lice.
- Tomatoes. In addition to basil, this fruit makes an ideal match for asparagus, carrots, celery, parsley, chives and onion.
- Basil enhances the flavour of tomatoes both in cooking and the growth process. Planted as a
 border to tomatoes they attract bees, help deter flies, fruit flies, mosquitoes and plant lice, as well
 as prevent disease like mildew.
- Chamomile encourages other plants, especially mint, to increase their essential oil component, making them more potent and flavoursome. Planting this pretty herb next to fragile plants will help revive them, and they will trigger the breakdown of plant matter in your compost heap, too.
- Lavender. It's delicious taste and fragrance aside, planted as a border in the garden, lavender also makes a fantastic insect repellent and attracts bees at the same time.
- Rosemary. Beautiful grown as a hedge, rosemary pairs up well with beans, carrots, cabbage and sage. It repels bean beetles, carrot flies and cabbage moths, whilst also enhancing the flavour of these veggies. One vegetable rosemary doesn't complement is the potato (except when roasted!) so keep them well apart.
- Tansy. Another great insect repellent that protects against Japanese beetle, cut worms, cabbage
 words, ants, flies and fruit moths, tansy goes well with cabbages, roses, raspberries and grapes. It
 also infuses the soil with potassium to the advantage of any plants nearby.

Tuis Planting Calender for this period suggest the following crops;



As mentioned gardening is not only good for your mental health, but great for the family budget and spending time with your family, Gardening can provide a fantastic opportunity to spend time with the kids to get the next generation outside and let them learn the fundamentals of life through the garden. Its a gift we can share with them that does not require loads of money to begin with, just a bit of dirt, work, time and nurturing is required to begin the magic!

Humble Garden giveaway!

The helpful friendly team at Morrisville Mitre10 Gardening Department have kindly donated five seed starter packs for Eureka Express to give away to five lucky Eureka children.

These are to help get some lucky school children get started on their way to becoming 'gardening gurus'.

These packs are available to the first five school children who can tell me in one paragraph," What sustainable gardening means to them?"

Please email editor@eurekaexpress.co.nz



Names of winners all efforts will be posted in next edition of the Eureka Express. Winners will be notified as received.

Happy humble gardening everyone from Tracey, Hank and Amber@1151, and a big thank you to Gavin and Sue Black, the owners of Morrinsville Mitre10 who have supported the express to make this giveaway possible!

COOKING WITH KAREN

FEIJOA CAKE

125g butter

3/4 cup sugar

2 eggs

2 cups mashed Feijoa pulp

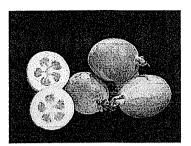
1 tsp baking soda

2 tbsp hot milk

2 cups plain flour

1 tsp baking powder

1 tsp cinnamon



Cream butter and sugar. Add eggs one at a time, beating well. Mix in mashed Feijoas. In a small bowl mix baking soda into milk. Then add to creamed mixture. Sift in flour, cinnamon and baking powder and fold in. Pour mixture into lined 20cm cake tin. Bake approx. 45 minutes.

Serve with yoghurt or cream or ice cream. Or you could even ice the cake.

NEVER FAIL PIKELETS

1 tsp baking soda

1 tbsp sugar

1 cup milk

2 cups flour

1 egg

2 tsps cream of tartar

Dissolve soda in milk. Beat in egg and sugar, then mix in flour and cream of tartar. Mix to a smooth batter. Allow to rest for 20 minutes. Then cook spooning onto a heated non-stick pan. Cook until bubbles appear, then turn and cook on the other side.

KAREN'S CHOCOLATE CHUNK OAT COOKIES

250g butter

1 1/2 cups rolled oats

3 tbsps condensed milk

1 tsp baking powder

3/4 cup sugar

200g dark chocolate roughly chopped or large

chocolate buttons

1 1/2 cups flour

Beat butter, condensed milk and sugar together until light and creamy.

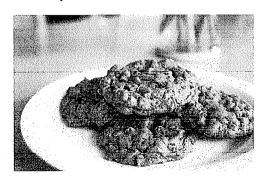
Add flour, rolled oats, baking powder and chocolate.

Flatten spoonfuls on greased or baking paper lined trays.

Bake at 180 C 15-20 mins until golden brown.

Notes: I used milk choc buttons. I baked for 15 mins.

The recipe makes 25-30 biscuits.





Best vegetables to grow in Winter in NZ

As we move into autumn, it's time for gardeners to plan which vegetables to grow over winter. The summer crops are slowing down or have stopping producing vegetables. Now it's time to tidy up the vegetable patches, and prepare for growing crops over winter.

Planning what to grow - what vegetables do you like to eat?

A good rule of gardening is: *Plant the vegetables that you like to eat*. Use this list of vegetables that grow well in winter to help you decide what to plant:

Beetroot bok choi broccoli Brusssels sprout cabbage	carrot cauliflower celery coriander kale	leek lettuce mesclun onion radish	rocket silver-beet spinach spring onions
---	--	---	---

When you have decided which vegetables you will grow, next step is to either buy seedlings or grow from seeds. The garden centres and DIY stores have seedlings available now, or you could buy seeds from them or from websites such as Kings Seeds or Egmont Seeds.

Sowing vegetable seeds

- Use a good quality seed raising mix.
 Seed raising mix helps seeds germinate well. Use seed trays or individual pots.
- 2. Sow seeds quite near to the surface, not too deeply.

Sometimes seeds don't germinate because they are planted too deeply. A general rule is to leave very fine seed uncovered, pressing firmly into the surface only; fine seed should be just covered and larger seed should be sown no deeper than twice its diameter.

3. Keep the moisture levels even during germination.

Keep the seed trays or pots at a good moisture level - not too dry and not too wet.

4. Look out for low light levels and low night temperatures.

Keep seeds in trays or pots in a place where they get a decent amount of sunlight, and are protected from colder overnight temperatures. I keep the seed trays in a potting shed or in my house.

Look at the planting advice information on the back of the seed packets, so you plant them at the right time of year for the particular seeds.

Planting vegetable seedlings - step by step

- 1. Seedlings may need to acclimatize to being outside. Plant them on a day with pleasant weather no rainstorms or frost forecast.
- 2. Soak the seedlings with water before you take them out of their pots.
- 3. Dig a small hole for them the hole needs to be at a depth so that the seedlings soil will be at the same level as the vegetable patch soil.
- 4. Take the seedling carefully out of the pot, and place it in the hole.
- 5. Back fill with soil or compost. Gently press down the soil, so it is in contact with the seedling roots.
- 6. Water the seedlings carefully after planting.
- 7. Mulch around the seedlings with bark or compost
- 8. Put the label a little way from the newly planted seedling, so you can remember exactly what you have planted. And good luck for a good crop!

Find me at www.eco-pippa.com and follow me on Facebook, Instagram & Pinterest

Walk Outside

Sometimes you just need to get outside and get away from the screen, you know? But it's getting increasingly difficult, as more of life becomes computer-centric, to get away from the blue glare. Here's a few things which may help:

- There's a little free app for Windows/Mac/Android/iPhone/iPad called 'f.lux' (justgetflux.com) which can shift the colour temperature (blue/red ratio) of your screen into the red when it is late in the day. This helps your body prepare for the evening's rest and enables the production of melatonin, which is reduced when you view blue-ish light. Windows also has its own built-in equivalent (with somewhat reduced functionality) in settings called 'night light', which is off by default. On Android there's also the 'Twilight' app, and I'm sure there's another equivalent on iPhone/iPad.
- Most newer phone operating systems have some form of 'screen time' functionality built in which registers how long and often you've been using your phone and tells you to get off if you've gone over your own limits. If they don't have it built in, find an app for it.
- Get up and stretch/move every ten minutes or so. Basic computer ergonomics suggests that just
 getting up from your chair every ten minutes or so helps the body and posture. Too long in one position
 and it's not great for your health. Try looking at stuff in the distance also, just to give your eyes a
 stretch.
- Shift your activities to other areas. Since so much of your life is in front of a screen now, consider alternatives for entertainment. Watching TV on your computer, 3 feet away from the screen? Try watching it on a tv screen from across the room. Or read instead! Try actively listening to music with a semi-decent stereo system (as opposed to passively absorbing it while doing other activities). Playing computer games? Try playing board games, card games or even sports (not everything is rugby have you tried Ultimate Frisbee, laser tag, or competitive hopscotch? I may have made that last one up). Are jigsaw puzzles still a thing? If all else fails, try a jigsaw.
- Find more outdoor activities. Preliminary reports suggest that Vitamin D is a strong protector against
 Covid infection, amongst other diseases, and generally we don't get enough of it. The more you can do
 outside, the better, within reason.

If nothing else works, consider how much of your current daily activities you can do without - if a lot of them are computer-based. Is there something you're not really enjoying anymore that's forcing you to sit in front of the screen? Try removing that from your life, see what happens.

Want some help with that thing that you're forced to sit in front of? Email Matt at **info@homepcsupport.co.nz** or phone **0211348576.** \$60 per hour, or \$50 for drop-off-to-workshop services.





NEWS FROM YOUR WAIKATO DISTRICT COUNCILLOR - 21 MARCH 2021

Waikato District Council and Hamilton City Council are pleased to announce that the Dirty Dog Challenge is back for 2021.



This is a unique event where people navigate their way through a mud-filled obstacle course with their dogs. All profits from this event will go to helping animals in

Hamilton and Waikato District's communities. The event is open to dogs of all shapes and sizes, but they must be vaccinated and in good health. They will need to be kept on a lead through the course.

Terms and conditions do apply. Go on line to register and pay your entry fee.

WHEN:

From 12pm, Saturday 26 June 2021

WHERE:

Christian Youth Camp, 48 Waingaro Rd,

Ngaruawahia

EVENT DISTANCES: 2.5km or 6km options

COST:

\$40 for one person and one dog. Second runner \$20.

(Please note you may only have one additional runner and the second

runner must be at least 8 years old.)

For more information about the event and to register visit

https://www.waikatodistrict.govt.nz/services-facilities/animal-control/dirty-dog-challenge



Consultation is now open on the Long Term Plan 2021-2031. The decisions Council makes will affect you, your family/whaanau and your neighbours. We need to make sure we get the best outcomes and strike the right balance.

We're consulting on three main topics:

- Proposed general rate increase (**)
- Inorganic kerbside rubbish collection and
- Pensioner housing.

You can find the LTP documents at https://www.waikatodistrict.govt.nz/your-council/plans-policies-and-bylaws/plans/long-term-plan/draft-long-term-plan-21-31

Tell us what you think::- ONLINE Go to www.waikatodistrict.govt.nz/ltp; POST Phone us on 0800 492 452 to request a submission form. We'll post one out to you. EMAIL Send your feedback to consult@waidc.govt.nz SUBMISSIONS CLOSE AT 5PM 7 MAY, 2021.

** For further information on the proposed general rate increase read the following media release

16 April 2021

Media Release



General rate options up for debate during consultation on our plan for the next ten years

We want your views about the general rate increase we are proposing between 2021 and 2024. Should we 'go hard and go early' or be more cautious and spread rate increases more evenly over the first three years?

Waikato District Council is proposing a 'hard and fast' general rate increase in year 1 of 9% and then 3.5% for year 2 and 3 of the plan. The other option sets the general rate increase at 7% in year 1, 6% in year 2 and 4% in year 3.

..... continued

..... continued

We are proposing ways to respond to the district's growth and changing community and regulatory expectations. Managing these, against a background of uncertain economic and social conditions and our COVID-19 recovery, is not going to be easy.

We have listened to community feedback from our Blueprints, customer surveys and service requests and lined these up with what is required to maintain our current services. We have put together a plan for our district's future, but this all has an impact on the level of debt and the rates we charge.

Ratepayers, users of our services and developers each pay a portion of the costs to run the services they receive. This year we would like your thoughts on which general rate option we should go with.

Council's preferred option is to have a one-off larger increase in year 1 as this provides a slightly lower level of debt over 10 years and would cost ratepayers less across the first three years.

The other option is to have a slightly lower increase in year 1, followed by two more years of moderate increases. This option results in a slightly higher level of debt across the 10-year period and slightly higher costs across the first three years, but has a smaller increase in year 1.

Making things a little tricky is the timing of our district valuation, which changed this year due to COVID-19. This means the impact on each individual property value is still unknown. This means you will need to check your property details for the impact these rate options will have when it becomes available from 1 May 2021 at www.waikatodistrict.govt.nz/RID.

Waikato district Mayor Allan Sanson says we need to balance what we can deliver with what is affordable in terms of rates and debt. "As a fast growth area council this balancing act will prove to be a huge challenge for us all in the coming years. We need to keep up with this growth, while making sure our community is a desirable place to live, work and play.

"We need to balance the services we provide with what our community can afford. As elected members representing you, we have had to make some tough decisions. We've had to weigh up what is best and right for the district, with what we feel is affordable. Trust me when I say there have been many sleepless nights mulling this dilemma over," he says.

Feedback on our ten year plan opened on 7 April and closes at 5pm on 7 May 2021. Along with the general rates option, this consultation period we're also asking if we should sell our pensioner housing and if we should discontinue our inorganic kerbside rubbish collection service. At the same time, we are also asking for feedback on the way we hand out funding, user fees and charges, our development contributions policy and the community hall catchment review.

You can find out more about these topics in the consultation document, which is available at all Council offices and libraries and by phoning us on 0800 492 452, otherwise check out www.waikatodistrict.govt.nz/ltp for more information and have your say today.

WHAT'S STILL TO COME

We need your help – delivering on bold plans needs to be a genuine collaboration between us as the council and you as the community. We need to make sure we get the best outcomes and strike the right balance.

The decisions we need to make affect you, your whaanau, your neighbours and even your dog. Make sure you get involved and have your say before 5pm Friday 7 May 2021. Do this by visiting www.waikatodistrict.govt.nz/ltp or by phoning us on 0800 492 452 and we'll post you out a submission form.

To make sure everyone can get involved, we will be coming to a town near you soon to answer your questions. Check out www.waikatodistrict.govt.nz/ltp for all the details of our drop-in sessions. "Please get involved and make sure you have your say before Council makes its final decisions in June. I hope as many people as possible take the time to get involved and speak up," Mayor Sanson says.

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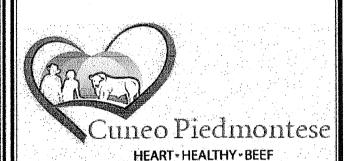
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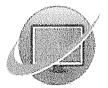


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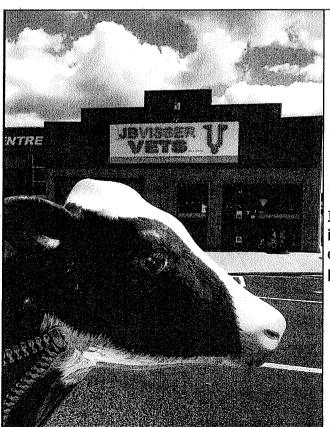
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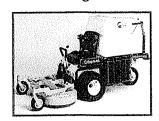


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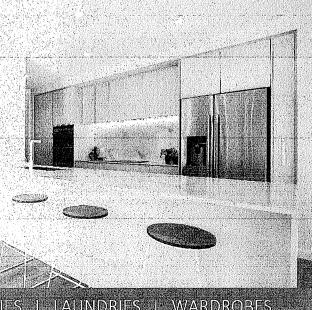
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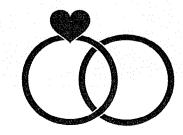




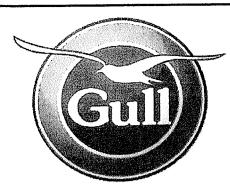
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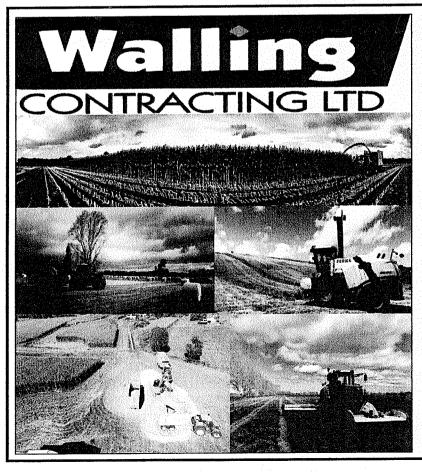
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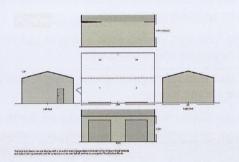
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This months Project — Eureka









Designed by: Jason Davis

Our Builders Paul & Stan completed this 7.0W x $10.0L \times 3.5H$ project in Eureka last month

The Cladding on the roof and walls is T-Rib and all components are finished in Colorsteel

The Roof is Grey Friars, and the Walls Gull Grey
The two 3.0h x 3.0 Roller Doors make a statement finished in Cloud

This smart looking shed has 2 bays each 5m wide and a 15° roof pitch. It is a great example of how a simply designed shed can still pop with the right mix of colours

The approximate cost for a full build like this is \$42,000 (incl gst) so if this is the shed you have been dreaming of, book a time to come in and together we can turn that dream into reality.

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- Enough steel is created each day to build 548 Eiffel Towers?
- Because steel and iron expand when heated, the Eiffel Tower (1887), is about 6 inches taller in the
- summer than the winter.
- 8 million people work in the steel industry...as many as the population of Switzerland?



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