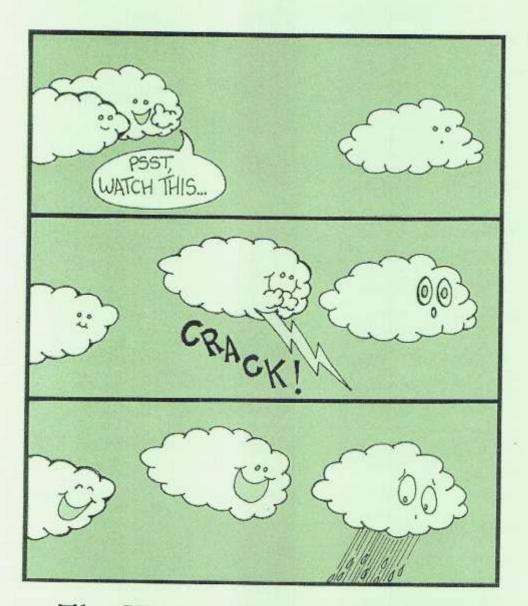
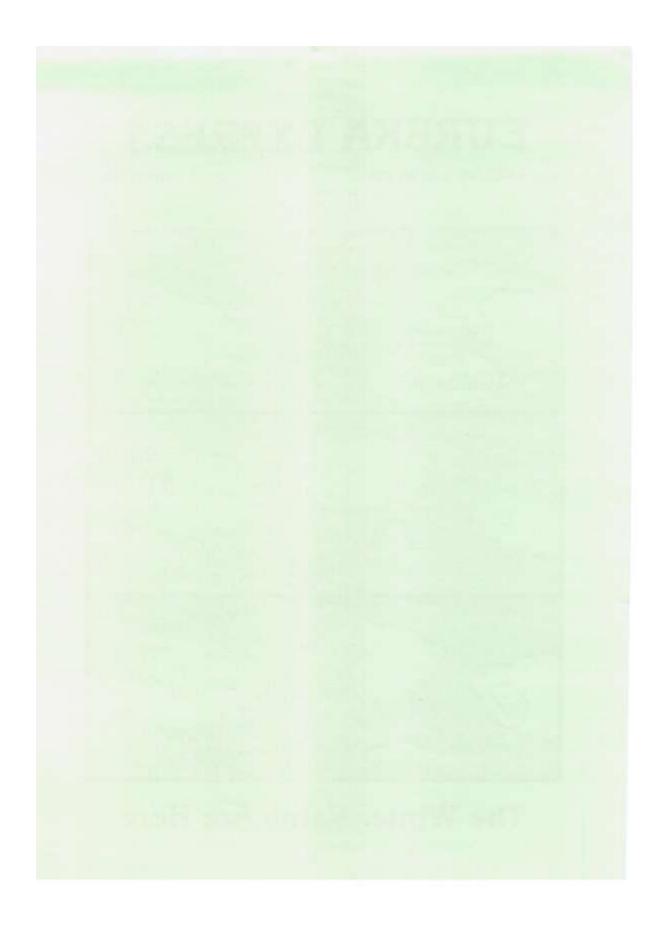
# **EUREKA EXPRESS**

VOL XXXII No. 5 CIRC 286

**JUNE 2011** 



The Winter Rains Are Here



#### **GUEST EDITORIAL**



Last years Fieldays were missed due to a hastily arranged trip to South Africa to follow the All Whites in the World Cup. Therefore this year it was a much anticipated outing for the Scatchard family, involving a rare but treasured day off school. Everyone knows that farmers don't go to the Fieldays on Saturday. Its one of those days where the course of events fit a regular and well worn pattern. The traffic snarl up, the parking miles away because you left it a little late in the morning to get away.... But, no fog and no mud this year. Hmm. I smell a rat.

Getting to the gate Fiona and I have our usual gripe to each other over the absurdity of having to pay to get into a trade show. Who ever heard of paying to allow people to try and sell you stuff! Ah yes, things are back on track... the roar of the tractor pull is strangely mesmerising even for someone not into motor sport. Then a half hour whiled away watching the fencing competition which is both relaxing and guilt inducing. Watching those competitors slog it out whilst you lean on the fence in the sun. The sound of stock whips being cracked. A climb up the steps of some absurdly big machinery for the kids. No matter how many times they say "We could do with one of those, Dad!" Dad will never own, let alone know how to start, one of those monolithic tractors.

Then it's onto the tucker snatching. Free ice creams and colouring competition at Fonterra, a coffee at the bank, and club sammies and meat pies from the Fertiliser company. It was all going to plan, just one more personal little Scatchard tradition to tick off before home. The Murray Grey Steak Sandwich. The queuing, the soft white bread, the tender slice of beef and the inescapable Irony of prime examples of the breed standing watching as people devour kilos of their tasty kin. But it was not to be. Years of tradition lost. No Murray Grey Steak Sandwiches at the Fieldays this year.

Contrary to media hype this farmer didn't open his wallet, not even for a steak sandwich. But still a good day was had by all, and we'll probably be treading the well worn paths again next year.

Peter Scatchard

## RAINFALL

	May 2011	Year to 31# May	
Total (mm)	123.5	587	
Average (1994-2011)	109.5	435	
Difference	+14	+152	

Rainfall recorded on 24days



#### **EUREKA EXPRESS**

ADVERTISING RATES		CONTACTS - Gail or Gaylo		
Classified Advertisements Small Susiness Advertisements • x 10 insertions One Third Page Advertisement • x 10 insertions One Half Page Advertisement • x 10 insertions	\$80 I year	Gall Mayall (Editor) 70 Euroka Road Ph 8241 789	Gayle Orr (Treasurer) 1139 SH28 R D 8, HAMILTON 3288 Ph 8241 713 Fex - e-mail: serriustra.co.mz	

#### SNIPPETS

NEW BABY CONTRATULATIONS: TO David and Alison Taylor of Eureka Road who were thrilled to welcome a beautiful son, Scott Louis, on June 18. A lovely brother for Letitia. Very best wishes to all

NEW GRANDCHILD CONGRATULATIONS: to Maurice and Margaret Smith of Morrinsville Road who were delighted to welcome their first grandson, Benjamin, born in Christchurch on May 29. A darling son for Brendon and Kayo Smith. Every best wish to all.

#### WELCOMES

It is a pleasure to warmly welcome the new June arrivals to Eureka. We trust you are well senfled in, keeping dry and warm, and will enjoy your time in Eureka be it brief or long term.

- On Waverley Road working for Brett and Rachael Gordon it is hi to Ashley Lange. Ashley's partner Jacquie will be joining him shortly from Napier.
- Down to Eureka Road, on Scatchard's farm it is hello to farm worker, Charles Hurley who is living in the farm cottage.
- And in the farm house it is welcome to Melissa Davies and her four girls, Ashleigh 18, Paige 16, Alaska 8, and Toyha 6.
- Still on Eureka road it is greetings to Rebecca Dryland and also Karn Rogers, two new workers for Dan and Abbie Hinton.
- Moving on to Morrinsville Road to Ana Duncan's farm where we say hi to Matthew Kirk and his fiancée, Lou Cameron.
- To the King farm (ex Hinton-Bosch), on Morrinsville/Hinton Roads, it is a warm welcome to James King and Stephanie Bentvelzen, most recently from Te Aroha. James was a helicopter pilot, mustering in Australia and Canada before returning to the family farm 12 months ago. A special kiwi welcome to Stephanie who hails from Sydney. (ph 8241821)
- Working for James is Renier Arts. Renier and his partner, Pam Hewson are most recently from Okoroire. (ph 8241058)
- And living in the other house on the King farm (ex Bettley's) are Logan, Dean and Zac who all work for McFarlane Contracting. Hi to you all.
- In the Duncan family homestead it is hello to Jason and Kama Corden and their two boys, Samual 2, and Dylan 4. (Ph 8241706)
- And along to the corner SH26/Tauwhare Road to the Willis farm where it is greetings to new staff member James Cox who will be assisting Darren Collins. James is ex Pio Pio.

A warm welcome to you all. If we have missed anyone do please be in touch.

Sincere condolences are extended to Graeme and Lynne Brewer and family of Tauwhare Road, on the death of Graeme's mother, Mrs Mavis Brewer, of Morrinsville, on June 14.

#### www.eurekaexpress.co.nz

Yes we have a website. Thanks to the expertise and generosity of Wendy and John Morch and their internet business *IPNetGroup*, we are online. The site is still evolving and we welcome your input of ideas, suggestions, photos and feedback as to how this site could be used.

Do contact Wendy on 8241 983 or Gall or a committee member.

editor@eurekaexpress.co.nz

For all your articles, photos, ideas and suggestions you may now use the above email address. It could be easier to remember than Gail's or Gayle's.

#### LOCAL HISTORY

Sadly our history book, "Eureka 1874 - 1984" is now out of print (but you could be loaned a copy to read or see it at the Library). However copies of the 2004 "School and District Jubiles" booklet are readily available and contain a synopsis of Eureka's history and development. For your copy, compliments of the Eureka Express Committee, please phone Gall or a committee member or collect from Eureka Motors.

#### TURLEY MURPHY BUS TIMETABLE

Lasves Morrinsville at 7:30am, 10:00am, 10:35am and 4:35pm
Allow approximately 10 minutes to reach Eureka. Stand on any corner of SH26 and the bus will stop. Buses are scheduled to arrive in Hamilton approximately 20 minutes later.

Fares Ex-Eureka Adults \$3.30 - Child \$1.90 (concession cards available)

Buses leave Hamilton at 9:00am, 3:35pm & 5:15pm A Coromandel bus also leaves Hamilton at 1:20pm (10:35am above from Morrinsville is the Coromandel bus too).

Phone 07 884 8208

#### EUREKA HALL



Your local hall, the Eureka Community Centre as it is officially known, is always available for hire and you are encouraged to use it for meetings, functions - including weddings, birthday or anniversary celebrations - luncheons, dinners or any other gathering you may be considering.

For bookings and hireage costs please phone Gall Mayall 8241 758 or

## CLUB LIST 2011

Badminton – Junior	Trisha Benge	829 5531
Bowls - Tauwhare	Robin Bargh	8241 100
Eureka Express	Editor - Gall Mayall gallandbarry@slingshot.co.nz	8241 758 8241 028 Fax
	Treasurer - Gayle Orr	8241 713
Newstead School		8565 946
Tauwhare School		8240 864
Pukeko Pre School Tauwhare		8240 860
Farm Discussion Group	Brett Gordon	8241 108
Hall Bookings	Gall Mayall	8241 758
Newstead Veterinary Services	Small Animals	8564 522
Visser Vets	Large Animals	0800 847 737
Waikato District Councillor Eureka Ward	Rob McGuire robmcquire@xtra.co.nz	8243 696 8243 645 Fax
Drainage - Environment Waikato	Steve Edwards	021 941 080
RD6	Sally & Erna	8546 532
RD7	Gary Self	0274 557 768
Justices of the Peace	Kerry Clarkin	8241 870
	Gail Mayall	8241 758

#### PHOTOCOPYING

The Eureka Express photocopier is community owned and thus available for your personal photocopying needs. Costs - 20c per page or 10c per page with own paper.

Please phone Gail 8241 758 to arrange time for use.

#### ST FRANCIS CO-OPERATING PARISH

MANSEL AVENUE, HILLCREST .

ANGLICAN - METHODIST- PRESBYTERIAN

Country Services: Matangi Tauwhare

 $2^{nl}$  Sunday of Month @ 11.00cm  $4^{th}$  Sunday of Month @ 11.00cm

KFC Kids for Christ

1st Sunday 9.30am @ Tauwhare Sunday School

Ministry Team Contacts:

Tony Wescott

8565110

Parish Office

8567866

# Tauwhare School



Roll: 136 ANCHOR MILK BAR CODES

Congratulations to Leonie and Trevor Brunton who won \$2500 in the Anchor Milk Run Competition recently. Because they nominated our school we also won \$2500!!!!! You can also be in the daily draw to win \$2500 by texting in or going online to enter the bar code on the back of every Anchor milk container. Don't forget to nominate Tauwhare School!

There is the final draw of \$50,000 also so get those entries in.

#### PRINCIPALS' BUS TOUR

I recently spent a wonderful 3 days visiting 8 schools in Auckland and Whangarei along with 21 of my Principal colleagues from the Waikato. We were looking at programmes and property and I certainly saw a huge range of methods and philosophies. I came away feeling very good about our school, how expert our teachers are and how high our standards are.

I came back with some wonderful ideas on how we can take our school further in technology (one school have their own TV programme transmitting weekly) and I reaffirmed my belief that real learning comes from learning experiences not testing! Once the pool has been paid for I have some fun and exciting new ideas for our fundraising efforts.

I am very fortunate that I can happily leave the school in the very capable hands of my Deputy Principal. Everything runs so smoothly and professionally. Thank you Sharon!

#### RAVENSDOWN

Jackie and Maree have once again done a superb job of organizing this huge event and have been awarded the contract again for next year. Thanks to the hard work and commitment of our parents another \$5000 goes into the pool fundraiser.

**BOOK WEEK** 

We were treated to some wonderful creations and performances based around Traditional Tales. Room 4 children had wanted posters for 'baddles' stating their crimes and 'photographs'; Room 6 were wearing innovative gumboots as part of their interactive retelling of Puss-in Boots where

the audience provided the ses and boos; Room 5 had forated beautiful masks and ma and Alize read out their racter analyses of 2 baddies;

Room 3 displayed their masks of their favourite characters and MsWrigg read out Cameron's story of the 3 Billy Goats Gruff rewritten with a NZ flavour; Room 2 acted out 'photo flashes' of popular tales and the children had to guess what they were and Room 1 displayed the costumes they had made, many of which depicted elements that are common to all tales.

#### RUGBY WORLD CUP

To celebrate the World Cup we will sing songs from around the world as our theme for this year's Cluster Schools' Music Festival which I organise bi-annually.

Also we have been lucky enough to be asked to work at the 3 Hamilton World Cup Rugby matches in the bars. This will be a great fundraiser! Thank you to Helen Singers for organising this.

Have a wonderful month!

# Greetings from Newstead Model Country School

We have had an extremely busy term so far with lots of exciting learning opportunities to share.

Our major focus recently has seen every Newstead child working independently on a variety of different pieces of art work which we are about to share....

#### Parent Evening to celebrate Children's Art

We are all getting very excited about sharing our art project with everyone. Parents are invited to an evening designed to celebrate their own, and other, children's art work on Thursday, 30 June, at 7.00pm. During the evening parents are encouraged to celebrate achievements.

Each class has learned about different art processes. Children have been encouraged to develop and use artistic language when talking about their own and others work. They have discussed their work with their peers and have assessed their own and others work.

During the following week parents will be asked to spend some time, before or after school, with their child discussing their artwork and the work of other children. Parents are asked to complete an assessment form making comment about their child's understanding of the art processes they have used and their achievement. These will be discussed during the art evening and will be available from class teachers when required.

Students at Newstead School were asked to record their ideas about why they think our school is cool...

#### NEWSTEAD SCHOOL IS SO BECAUSE:

"School is cool because you learn harder words and you make new friends easily. Everyone is nice to each other".

Devin Pointon, Room 5

"Newstead is cool because it is a country school, there is a lot of fresh air and everyone is kind. It's safe and it teaches us cool things like maths and reading".

Jacob Hoyle, Room 5

"We have awesome playgrounds and we have thirty laptops for the school. It is great because we learn more on them and we can take turns if we need to".

Daniel Turner, Room 5

Its that time again to think about those animals who take part in Ag day Agricultural Days — Term Three/ Four:

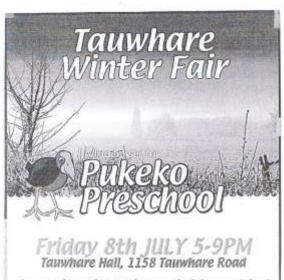
- Flower Show, Friday 16s September, Newstead
- School Agricultural Day, Saturday 1: October
- Group Day, Tauwhare School, Thursday 6n October
- Walkato Show, Friday 28th October

If you are interested in being an organisational committee member for the School Agricultural Day, see Gary or Paula Kenny.

#### Seven Aside Preparations:

The sports are for Year 4, 5 and 6 children. The cluster sports day is Friday 8 July. This year the children are organised into mixed groups and will experience playing four sports (hockey, netball, touch rugby and soccer).

Players are strongly advised to wear shin pads and use mouth guards when playing hockey. Attention to this safety provision would be appreciated.



An evening of shopping, socialising and fun!

Plenty of stalls (foods, gifts, crafts etc.)
 Sausage Sizzle, Raffles and Spot Prizes

Adults: Pre-purchased tickets SS with free door rafile entry (contact 824 0860) OR \$5 entry only at door. Kidn \$2 entry at door with FREE balloon & face painting. Sorry No EFTPOS Facilities - Cash or cheque only.

www.pukekopreschool.org.nz



#### Pukeko Preschool AGM

The Annual General Meeting of the

Pukeko Preschool, your local community run preschool or the Tauwhare School grounds

will be held at 7pm, Tuesday 12 July 2011.

All welcome.

Come along and hear feedback from our ERO review in Jun building development plans for the next year, and farewell two current Trust members. We welcome all community feedback and interest, whether day to day ideas for the children and educators, fundraising, or as governance suppo on our Trust.



# **EUREKA BADMINTON CLUB**





#### JUNIOR CLUB NEWS

We have been having great numbers of juniors turning up to play, the children seem to be having lots of fun and are all well behaved. Thank you to the parents who stay on to clean up, this is much appreciated and most people have paid their fees which is essential to cover our costs. Parents please remind your children not to play in the car park; it is too difficult for us to supervise and is unsafe. We prefer the children in the hall or on the steps.

We will play in the July school holidays, family nights are on again, so come on parents come down and play, the kids will love to challenge you!

If anyone is interested in playing Seniors come and talk with Bryce or Trisha.

For more information please contact Trisha Benge 829 5531



## TAUWHARE INDOOR BOWLING CLUB

The last month has been very busy with club bowls and outside bowls events. We hosted out second triples tournament in May, which resulted in almost a double victory for Tauwhare. Andrew McNally's team was the outright winner. There was a marathon play-off involving 7 teams for the runners up prize. Ernie Morris's team was "pipped at the post" and collected 3<sup>nt</sup> prize. Thank you to all our members for making the night a success.

I Billing , J Hooper and A McMally played in the Bankier Shield vs Tatuanui. The result, a loss for the Matangi Tauwhare team.

Good news that the Eastern Sub-Association has won the Moore Cup for 2011. Well done to the Tauwhare men who played in the team.

#### Results:

19.5.11Pairs Championship:

Winner: Andrew McNally, D Harris R/up I billings J Paton

26.5.11 Open Triples Tournament

Winner: A McNally, N Woodcock, M Bargh R/up D Odlum, V Windsor, C Davies (Taupiri) 3rd E Morris, H Bargh, B McNally

2.6.11 Club Night

Winner H Bargh, C McNally R/up R Coxon, Grant Goodare

9.6.11 Esme Pope Memorial

Winner Andrew and Clare McNally R/up R Bargh, G. Goodare

16.6.11 Club Night – Handicap Singles Winner C McNally R/up I Billings

#### Out and About.

30.5.11 Eastern Sub-Centre Pairs Championship – Runners up, J and R Arnold 16.5.11 Puketaha Open Tournament, Winners J,R and H Bargh, K Williams

16.6.11 Gordonton Open Tournament, Runners-up, J Hooper, R Bargh, R Coxon, H Bargh

#### Up and coming Events:

7.7.11 Men's and Ladies Singles 7pm start 14.7.11 Club Night



## IN YOUR GARDEN

Good news; the shortest day has been and gone, which means we can all start counting down the days until the official start of spring. Not that we've had much winter so far. My winter camellias are all looking gorgeous, but I've still got aphids on my roses, mind you, I've still got a few odd flowers on them too, so I can't complain too much. Speaking of roses, avoid pruning until we've had at least two or more frosts.

Encourage birds to your garden during winter/spring by planting native trees and shrubs. Kowhai and flaxes are attractive to tui, as are Kahikatea, Pohutukawa, Puriri, and Rewarewa. Fantails eat insects so you need to plant flowering or fruiting shrubs such as, coprosma, hebes and olearia.

Have a tldy up to target pests. Don't let pests overwinter in piles of old foliage or fallen leaves. Snalls tend to seek shelter by clustering in dry spots, such as under the rims of pots, in rock walls and under the spouting and eaves of houses. Run your finger along these surfaces to find them and knock them off and drown them in a bucket of salty water. Deal to the eggs of passionvine hoppers by trimming off and disposing of the dry tendrils of grape and passionfruit vines, the rows of brown eggs are easy to spot.

Growth will be noticeably stronger towards the end of July, especially during periods of favourable weather. Digging when the soll is really wet is to be avoided as this can destroy the soil structure.

Pruning and spraying established fruit trees and planting new ones is a big task this month, along with preparing garden beds for spring planting.

The hot plants of the 60's are now very popular. Buy dahlia tubers and gladioli bulbs to plant. Prune hydrangeas now for a summer show, cut out old gnaled wood at the base and then trim young branches back to double leaf-nodes. Plant deciduous trees and shrubs now, dig the hole twice the size of the root ball and remember to stake well.

Put pots of tulips, daffs and crocus in the sun. Sprouting bulbs can tolerate more daylight now, so place them where you will be able to appreciate them later. Clear weeds away from sprouting bulbs in the garden.

Plant savoy cabbage, broccoli and cauliflower, space well so they have more room to reach the weak winter sun. Plant garlic and shallots in well prepared soil before the end of July.

Time to tidy up, process piles of psynnings into mulch or firewood. Don't leave garden rubbish sitting around, prunnings from fruit trees in particular, should be removed to prevent the spread of disease. Save kindling size twiggs and saw up larger branches for firewood.

Recycle wood ash by working it into your soil to boost vegie growth. Ash from a wood burning fire is a great resource for soil but coal ash is a no no. Dig ashes in well so they don't blow or wash away.

Clean up your glasshouse and scrub out seed trays and fill with seed-raising mix so that you will be well prepared.

## Colds and Flu

CAN BE AVOIDED



Every winter people brace themselves for the inevitable invasion of coughs, colds and flu viruses and subsequent infections that disrupt their lives. Even with advanced technology and the amount of money going into medical research, there is no medical cure for the common cold.

Why do some people avoid the flu virus and colds whilst others are affected yearly? Often this cycle is hard to break and the result creates a dread of weather or climate change. You know the symptoms, feeling tired, stressed, suffering from poor sleep, dark rings under the syes, runny nose, low libido and no energy. Very quickly you realise the body's defence mechanism is down.

One has to wonder, how is this possible? After all we live in a more hyglenic environment than our forefathers and medical science has leapt ahead....yet the number of colds and flu are still all around us. The pre-winter government flu warnings, "get your flu vaccine to be protected", yet the flu cases do not decline, in fact quite the opposite, more hospital cases coincide with the flu shots. The number of health workers with colds and flu complications has risen 50% in the past 10 years (ref. Australian medical journal).

The flu or virus moves quickly amongst those who already have low immunity with internal pollution, parasites or toxicity. An acid body receives a virus far more quickly than an alkaline one.

#### BUILD YOUR IMMUNE SYSTEM

The major nutrients found closely linked with proper functioning of the immune system include vitamin A, B5, B6, C, E, folio acid, zinc, iron glutamine and Co Enzyme Q10. Reducing inflammation, associated with any type of infection, produces significant relief of symptoms. Use oils such as cod liver oil and omega oil, vitamins C and E and guercetin, acting as anti-inflammatory agents to relieve cold and flu symptoms. Better still, start taking them now to build your immune and hopefully avoid any illness.

Foods that contribute are GARLIC, raw egg yolk, hot chicken soup, LEMON AND HONEY DRINKS and even a tot of rum.

There is good evidence that Echinacea and ginseng boost the immune system. Italian researchers found the Echinacea and vitamin C (200mg) reduced the length of colds by 25%. Propolis has been used for millennia as a natural healthcare product, as it is rich in flavonoids which are well proven to promote wellbeing. Propolis has both antibacterial and entiviral activity and is also active against fungal and protozoan infections, justifying its historical use in improving the body's ability to fight off a broad range of disease.

THERE IS ONLY ONE PERSON RESPONSIBLE FOR YOUR HEALTH .... YOU! Do yourself a favour and build your IMMUNE SYSTEM.

GOOD LUCK

# LADIES A PLATE Winter Warmers.

### Broccoli Soup

0

2 potatoes 2 heads broccoli
2 green apples 2 sticks celery
2 onions 2 cup chicken stock
1 tsp curry powder salt and pepper

Simmer all together until cooked. Puree in food processor. Add a good handful of grated tasty cheese in each plate before serving

#### Individual Winter Fruit Crumbles

4 cups peeled and chopped fruit- apples, pears, rhubarb, tamarillos etc or frozen mixed berries

1/2 cup raisins or sultanas

1/2 cup soft Brown Sugar

1/2 tsp mixed spice

#### Crumble Mixture

1/2 cup Soft brown sugar

1 cup flour

3/4 cup chopped almonds (not ground)

1 tsp mixed spice

1/2 tsp cinnamon

100 g butter cubed

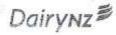
#### Method

Preheat oven to 180°C. Spray 4 cup sized ramekins with non-stick baking spray. Place

the fruit, raisins, brown sugar and mixed spice in a saucepan and simmer for 10 – 15 minutes until fruit is softened.

Place crumble ingredients in a food processor and run machine until the mixture resembles breadcrumbs Spoon fruit into the ramekins and divide crumble mixture over the top, piling high. Bake on an oven tray (in case it spills over) for 25 – 30 minutes until golden and bubbling. Serve dusted with icing sugar and accompanied with soft whipped cream or thick yoghurt.





#### Wet, Wet, Wet:

It has been a fantastic Autumn and average farm pasture covers are looking really good, commonly in the 2,200 to 2,600 Kg DM/Ha range. Add to that the prospects of a high milk price and things are looking good. Good managers will be working their butts off trying to minimise pugging/treading damage during this period of intensive grazing where cows are often restricted to 30 – 40 sqm/cow/day. There is no set recipe for what to do in this regard, suffice to say make sure you and your staff understand the long term damage to pasture that can be done from treading damage during wet periods. This can be as much as 20% - 30% reduction in pasture production over a 3 – 4 month period.

New Progression Groups:

The launch of the new Biz Start and Biz Grow Progression Groups for the 2011/2012 year was held on the 24th June at Morrinsville with 50 interested people attending. The first module will be run on July 8th, before calving gets too busy. It is not too late to join a group but you need to be at this first meeting of the separate groups. It will be run in Morrinsville as it was the most central location for those attending. Contact me if you want more information or want to join.

#### Transitioning Cows:

Soll conditions are testing for achieving targeted intakes. For cows entering the "transition" period, (3 weeks before calving), the critical issues are; sufficient magnesium intake each day and achieving a DM intake of 2% of liveweight for each cow (i.e. 10 kg DM for a 500 kg cow). A multi-pronged approach is required for the magnesium, 60g of Magnesium sulphate per cow into the water trough daily, and dusting 60-70g Causmag/ cow/day are both required.

#### Copper Toxicity:

Animal health labs report a number of chronic copper toxicities have resulted in cows dying in the North Island in the last few weeks. Cows are recorded as 'going down' or dying suddenly. They look like a metabolic problem or nitrate poisoning. These cows have accumulated too much copper from mineral supplementation combined with long term feeding of palm kernel. Palm kernel contains Copper levels higher than pasture. Before giving routine copper supplementation it may pay to check blood or liver copper levels if palm kernel has been fed. Talk with your veterinarians

#### Spring Survival Guide

There is an updated version of the Spring Survival guide booklet. It's on the web site <a href="www.dairvnz.co.nz">www.dairvnz.co.nz</a> but you should get one mailed to you as a dairy farm. It contains a lot of really good information for this time of year.

Phil Irvine Senior Consulting Officer DairyNZ 027 4839820





#### **Newstead Veterinary Services**

161 Morrinsville Rd RD4 Hamilton Phone (07) 856-4522 Fax (07) 8569487

## Pet dental health in the 21st Century

When did you last have a look at your cat or dog's teeth? Go on, take a peek now! What are they like?

There are many excellent reasons for keeping your pet's teeth in good condition:

- Halitosis. Stinky breath doesn't do much for the human-animal bond!
- Painful mouth. Dogs especially tend to just put up with it; the drive to eat is so strong. But anyone who's
  suffered toothache knows just how sore it is. Cats usually go off their food and start to lose weight quite
  quickly, but some die-hard food-lovers can go unnoticed.
- Bacterial disease. Inflamed gums soon become colonised with bacteria. It's then simply a lottery as to
  whether these bugs will invade your cat or dog's bloodstream. From there the commonest organs to go to
  are the bladder and kidneys. Also affected can be the liver, heart or joints. Damage to these organs can be
  permanent and can be life-threatening.

#### What can you do to prevent tooth-disease?

Prevention is better than cure, so they say. It is also usually much cheaper than cure in the long-run.

A combination of things is most likely to give the maximum protection against periodontal disease.

- Brush their teeth. OK, this isn't for everyone as it requires a lot of time and patience. It helps to start from a
  young age and to make it as fun as possible for the pet. It helps that pet toothpaste has enticing flavours
  such as poultry rather than yucky mint!
- · Floss their teeth. Only kidding.
- Give dental chews. This is more for dogs, really, and can make a significant difference. There are commercial ones available, but most people simply give bones. This is not completely without risk, as we occasionally see bones being swallowed and getting stuck (which can be fatal). Also, chewed bones can be ground down into small enough fragments to make a kind of concrete in the large bowel, causing severe constipation. My personal view, from comparing the mouths of old dogs that have been fed bones throughout their lives with those that haven't, is that the benefits far outweigh the risks. If you do decide to feed bones, then make sure that they are raw beef or lamb bones and ideally only cannon bones.
- Periovac. An innovative vaccine for dogs, against the bacteria causing periodontal disease.
- Preventive dentistry. You may not be able to do all or even any of the above. Or you may do everything right and still your pet gets tooth disease. Some individual cats and dogs seem more prone to problems and this may come down to genetics. Whatever the reason, it makes sense to deal with the problem as early as possible. A scale and polish, like a person would get at the hygienist, can nip the problem in the bud. The only thing is that a general anaesthetic is needed in pets (since they're not too keen to lie back in a chair with their mouth open for 20 minutes). If the cause isn't addressed then the plaque will simply build back up, needing repeat scale and polish in the future. When dental plaque and gingivitis (inflammation of the gums) advances further without treatment it leads to something called periodontal disease. This is where the attachment between the tooth root and its bony socket starts to be destroyed. The process is irreversible and may require extraction of affected teeth.

When I was a kid my parents' cats and dogs never had all this attention to their teeth and they never had any problems!

At first glance this seems like a fair point. But ask yourself this question: how long were pets living back then? We now frequently see dogs in their late teens and cats in their twenties and there is no doubt in my mind, at least, that pets are living on average much longer today than they did 25 years ago. The reason for this is likely to be better dental care, as well as advances in nutrition and vaccination.

## A REMINDER -

## RECYLE AND REFUSE COLLECTION GUIDELINES



- Put your refuse bags and recycle bin out by 7:30am
- There is no collection on a statutory holiday. Your collection will be one day late.
- Visit our website for details www.walkatodistrict.govt.nz

#### Refuse Collection Guidelines

- We only collect two plastic bags from each house
  - These are the black bags available from supermarkets
- We don't collect from wheelle or rubbish bins
- We don't collect multi wall paper bags
- We don't collect bags weighing more than 20kg
- Complaints
  - Phone Walkato District Council on 07 824 8633 or 0800 492 452

#### Recycle Collection Guidelines

IMPORTANT: The only bin that will be emptied is the green bin supplied by the Council. Bottles in cardboard boxes left beside the bin will not be collected for safety reasons.

Please empty bottles from beer boxes in to the green bin.

#### IN the recycle bin

- Glass bottles, jars (no window glass, broken glass or light bulbs)
- Plastic, household containers, types 1, 2 and 5 only
  - o Please rinse and squash containers put ilds in refuse
- Aluminum and steel cans, empty aerosol cans, foil plates
  - Please rinsa and squash containers

#### BESIDE the recycle bin

- Put papers in to supermarket bags with the handles tied and placed beside your bin.
- Cardboard boxes must be fiattened, tied in a bundle not exceeding 500mm wide, and be positioned beside your bin.

#### Frequently Asked Questions About Recycling

#### Need another bin?

Additional bins can be purchased from Council's Ngaruawahia office

#### Can I put paper and cardboard in the grean bin?

Paper and thin card should be placed in a supermarket bag with handles tied, and placed on top of your bin. Larger cardboard should be securely bundled and placed beside the green bin

#### Why do I need to rinse containers?

 Rinsing helps recycling by reducing contamination and food leftovers can attract files or animals and spread disease. A cold water rinse is usually enough.

#### Why should I squash containers?

Flattened cans and plastic bottles are less likely to blow around in the wind and cause litter.
 Unsquashed items also take up a lot of space in both your bin and the collection truck.

#### Why remove lide?

Lids are usually made from different plastic or metal and so they may not be able to be recycled
along with the container. Taking lids off also helps when processing the collected containers by
ensuring the container is empty and makes processing safer.

#### What if my recycling does not get collected?

Non-complying materials will be left in the container with a sticker explaining the reason for non-collection. If you believe that the collection has missed your property phone Council 0800-492-452.

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TUES	7,30-8.30pm	HAMILTON - St Peters Hall, 51 Victoria St, CBD	Student / Pension	\$6	
WED	6.00-7.00pm	MORRINSVILLE - Senior Citizen Hall, Canada St	Concession Cards:-		
WED	7.30 - 8.30pm	EUREKA - Eureka Hall, SH26,	(For 10 Classes)	\$70 (3 months)	
FRI	6.00 - 7.00pm	MORRINSVILLE - Methodist Church, Thames St		\$120 (6 months)	
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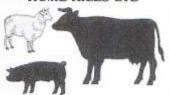
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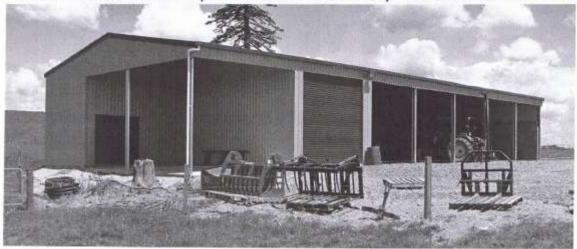


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